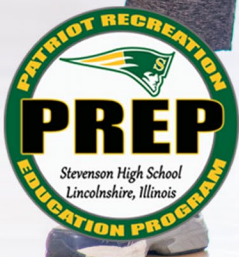


Community Education

2016 Spring/Summer Schedule of Classes

**Programs for all Ages! Youth Camp
and Class offerings expanded!**



**Patriot Recreation Education Program
Stevenson High School
www.d125.org/prep**



Online Learning



Anytime, anywhere!

Whether your goals are related to career development, acquisition of new skills and knowledge or for your own personal enrichment, our ed2go program has classes to help you reach your goals. These instructor-facilitated online courses are informative, fun, convenient and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. Most courses run for six weeks (with a ten-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links and more. The best part is that you can complete any of these courses entirely from your home or office and at anytime of the day or night.

Enrollment is easy, go to: ed2go.com/shsprep

Courses are being offered in:

Accounting & Finance • Business • College Readiness • Computer Applications
Design & Composition • Health Care & Medical • Language & Arts • Law & Legal
Personal Development • Teaching & Education • Technology • Writing & Publishing



Hot Topics Include:

Introduction to SQL
Accounting Fundamentals
Creating Web Pages
Introduction to Microsoft Excel
Resume Writing Workshop
Grammar Refresher
Project Management Fundamentals
A to Z Grant Writing
Speed Spanish
Plus Many More!!!

Getting Started

Visit www.ed2go.com/shsprep. Browse through the catalog, choose the department and course title you are interested in and select the **Enroll Now** button. Follow the instructions to enroll and pay for your course. Most courses are only \$95. Here you will enter your e-mail and choose a password that will grant you access to the Classroom. When your course starts, return to www.ed2go.com/shsprep and click the **Classroom** link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

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Dear Community Member:

The Patriot Recreation Education Program (PREP) at Stevenson High School provides lifelong learning opportunities for all members of our community. With a wide range of educational and recreational classes for youth and adults, there's something for everyone! The goal of PREP is to offer high-quality, affordable instruction and encourage recreational use of Stevenson's outstanding facilities. Please take a moment to browse our course offerings. We look forward to seeing you in our programs!

Sincerely,

Greg Diethrich, Ph.D.

PREP Community Education Director

Receive a 10% discount when you sign up for 2 or more qualifying PREP classes or camps at the same time! (Cannot be combined with other offers)

Contact

PREP:

Office Hours: Mon - Fri: 7:00 AM - 4:00 PM

(Summer: Mon - Thu: 7:00 AM - 3:30 PM, Fri until 1:00 PM)

Phone: 847-415-4145

Fax: 847-634-7286

Website: www.d125.org/prep

Email: prep@d125.org

Arts & Crafts

Watercolor Painting Cheryl Steiger

Whether you are just starting or have been painting for a while, this class will expand your skills. We'll cover basics and explore new methods for the more advanced. This class is also a studio class where you progress with instructor input at your own pace. Note: A supply list will be emailed before the first class. Must be at least 19 years old. 6 sessions. Fee: \$105, Senior Fee: \$79

Code AR09S2016

7:00-9:00pm

Wed 2/3 - 3/9

Room 1616



Painters Night Out K. Milauskas

Come out for a fun night with friends, and create a piece of art. Explore your creative side with a blank canvas while enjoying treats, hors d'oeuvres and desserts (could be chocolate!). We will provide instruction and everything you will need to create your masterpiece. If you've been thinking about taking an art class, this is a great way to try it out. For the experienced and inexperienced. Note: Please bring a paint smock or an old shirt to protect your clothes. A \$27 material and food fee is included in the tuition. 1 session. Fee: \$45 (No Combo Discount)

Code AR53S2016

6:30-9:30pm

Tue 3/8

Libertyville HS, Room 0009

Check our Website at www.d125.org/prep for Updated or New Class Information
Questions? Call 847/415-4145



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Follow us on Twitter - @SHSPrep

Arts & Crafts

NEW

Quilt As You Go Debra Stark

Intimidated by quilting? Did you always want to make a stunning quilt but were afraid?? This

class is for you! Learn how to make a wall hanging, throw quilt or bed size quilt (the choice in size is yours) by only knowing how to sew a straight line!!! Quilt as you go does everything in one step!! In the first class, we will discuss quilting, piecing cutting, batting and binding...all the basic parts of the quilt. You will learn the fastest way of cutting all the pieces and how to read the pattern. After the first class, you

will be equipped to go buy the fabrics of your choice for the size you choose and begin cutting for class. In the second class, we will be sewing; learning the flip and stitch method of quilting. Note: Please bring a sewing machine to the second class. There will only be a few machines available. Students must have knowledge of their sewing machine and know how to stitch a straight line. 2 sessions. Fee: \$55, Senior Fee: \$45



Code AR05S2016

6:00-9:00pm

Wed 2/17 - 2/24

Room TBA

Register early to help your class run!

NEW

Acrylic Painting (Beginning) Debra Stark

This class introduces you to the wonderful world of acrylic paints. Acrylics can be painted on almost any surface, including wood, tin, metal and fabric. I will introduce you to all the basics and we will paint two easy projects in this 4 week session.

Topics for discussion will be prepping your surface, reading a pattern, stroke work, brushes, techniques and paints. Note: Kits for each project will be provided. Some supplies may need to be purchased separately. 4 sessions. Fee: \$99, Senior Fee: \$75

Code AR06S2016

6:30-8:30pm

Wed 4/6 - 4/27

Room 1616

Business & Money Management

1st Time Home Buyer with a Down Payment Assistance Program Michael Olach

Are you a first time buyer? Do you need assistance for a down payment? Whether you need assistance or you don't, this course offers valuable insights in the process of home ownership. Learn everything you need to know about buying your first home. Get familiar with contracts, closing costs, inspections, appraisals, income requirements, gifts for down payments, down payments, budgeting, different grant programs, interest rates and credit requirements. Get a head start and be informed! 1 Session. Fee: \$19, Senior Fee: \$14

Code AB03S2016

9:30-11:30am

Sat 3/12

Room 1414

Investing in Real Estate Michael Olach



Whether you are a novice, first time investor or you are a seasoned investor looking to invest further in Real Estate, this course offers valuable insights in the process of purchasing of investment properties. Learn everything you need to know about buying your first rental property and start building your Real Estate portfolio. Learn what to look for in foreclosed properties and the road-blocks to look out for. Get familiar with contracts, closing costs, inspections, appraisals, down payments, interest rates, credit requirements and negotiating with banks and



sellers. This class will be a valuable tool to begin your investing in real estate. 1 Session. Fee: \$19, Senior Fee: \$14

Code AB02S2016

6:30-8:30pm

Tue 3/22

Room 1414

Purchasing a Vacation Property, Second Home or Retirement Home Michael Olach

What's the best way to purchase your own vacation home or second home? Learn the guidelines that banks require to make owning your vacation/second home a reality. This class will go over minimum down payments necessary, credit requirements, affordability and the different rules for purchasing different types of vacation/second/retirement homes. This class is not a class on buying or owning time shares. 1 Session. Fee: \$19, Senior Fee: \$14



Code AB01S2016

6:30-8:00pm

Thu 4/21

Room 1414

Business & Money Management



Discover the Leader Within You Level 1 Merv Roberts

Learn the theory and application of leadership concepts that have proven successful in business, government and nonprofit organizations of any size. The course is based on research in business and education, using leadership models, as well as practical tools and techniques. This course will be taught in an interactive manner. Note: Leadership Level 2 and Level 3 classes are offered for students who have taken the previous level. 6 Sessions. Fee: \$59

Code AB30S2016 7:30-9:00pm Tue 3/8 - 4/26 (no class 3/15, 3/29) Room 2620

Discover the Leader Within You Level 2 Merv Roberts

This small group seminar is open to those who have successfully completed Level 1. Participants will read the books, *Talent Is Overrated* by Geoff Colvin and *The Checklist Manifesto*. The first book is based on research about high-performing individuals and organizations. The second book is about well-trained, experienced professionals who occasionally cause disastrous results, and how to prevent that from happening. We will discuss the books, while reinforcing the leadership concepts from the Level 1 course. Participants will apply these concepts to their individual/organizational opportunities to improve performance. The course will meet every other week to provide more time for individual homework. Fee: \$49

Code AB34S2016 Dates, Times and Location TBA

Merv Roberts is a former faculty member at Harvard Business School. He has led change as a manager/executive at Ford, Baxter and Bell & Howell. He was also a management consultant with Ernst & Young and Price Waterhouse Coopers. In these assignments he developed and taught executive seminars. A long time Board of Education member and former board president of Stevenson High School, he was also chairman of the Lincolnshire Planning Commission. He has presented related topics at state and national conferences.

Business & Money Management

Medicare Planning for Baby Boomers Frank Vitale, CRPC® ChFEBC

Like Social Security, Medicare is far more complicated than most people realize. Many new retirees are largely unprepared to deal with this mandatory health care program, especially if they've been automatically covered by health insurance at work. The biggest shock is that Medicare is not automatic; you have to sign up for it within a specified period of time. It is not free, so supplemental insurance is essential. Regardless of how healthy you may be, it is wise to prepare for serious medical costs in retirement. This class reviews some of the timelines and questions that baby boomers face as they plan their retirement. Note: Savvy Social Security Planning and Medicare Planning are a series. We recommend that you take both. 1 Session. Fee: \$19, Senior Fee: \$14

Code AB32S2016

7:00-9:00pm

Wed 3/2

Room 1414



Savvy Social Security Planning Frank Vitale, CRPC® ChFEBC

This class shines a light on the strategies available to maximize your Social Security benefits. The strategies we'll cover are not presented on the Social Security website or across the counter at the Social Security claims office. Information presented in this class is especially valuable for married couples where one or the other has been a bigger earner over the years. Variables such as claiming order and timing of benefit claims can make an appreciable difference in the lifetime income of a spouse who worked in the home. Workers nearing retirement or those who have a decade of work in front of them will learn more about Social Security. Note: Savvy Social Security Planning and Medicare Planning are a series. We recommend that you take both. 1 Session. Fee: \$19, Senior Fee: \$14

Code AB31S2016

7:00-9:00pm

Wed 3/9

Room 1414

Computer Education

Making Twitter Work for You Eric Scott

Not all “social media” is the same. Individuals and businesses are quickly finding out how to generate awareness, build influence and even receive faster customer service by easily leveraging Twitter. Learn how Twitter, the fastest way in the world to deliver a message to your community or around the world, can add value to your communications outreach efforts as well as help build your base of customers and followers. Through these sessions, students will learn Twitter basics, ways to stay on top of news, sports, entertainment and all topics of interest as well as how not to use Twitter! 1 Session. Fee: \$25



NEW

Code CE09S2016

7:00pm-9:00pm

Tue 2/23

Room TBA



NEW

Introductions to Pinterest—Let’s Get Pinning! Charlene Chausis

Pinterest is among the hottest sites on the Web and is used for capturing visual things that inspire you and then pinning them to virtual online pinboards. You can collect and share craft ideas, recipes, party ideas, teaching tools and much more. This class will help you to start pinning and sharing. Create your account at Pinterest.com then come ready to be inspired. 1 Session. Fee: \$25

Code CE06S2016

7:00pm-9:00pm

Tue 3/8

Room 3016

Interested in online courses in computers and other areas? Check out PREP’s online courses offered through ed2go at www.ed2go.com/shsprep. You can also find more information on the inside cover (page 2).

Free Tools for Photo Editing Charlene Chausis

Explore free online tools for photo editing, from cropping and resizing pictures, to adjusting exposures or colors, to cutting and pasting items from one photo to another. Work with online sample photos, or bring a photo or two on a USB drive. 1 Session. Fee: \$25



NEW

Code CE07S2016

7:00pm-9:00pm

Tue 3/22

Room 3016



NEW

Getting Going with Google Apps and Calendars Charlene Chausis

Do you have a Gmail account? Did you know that you also have access to an entire “office” suite of tools for creating and sharing documents, spreadsheets, presentations, and calendars? Come and explore a variety of tools available in your Google account. These apps work on desktop or laptop computers and many mobile devices. Be sure you bring your Gmail password for this hands-on class. 1 Session. Fee: \$25

Code CE08S2016

7:00pm-9:00pm

Tue 4/5

Room 3016

Computer Education

Photoshop Elements—Introduction G. Boucher II

Learn how to make your photographs pop using Adobe Photoshop Elements. This class will provide students with an introductory understanding of digital imaging using Photoshop Elements. Note: Students must be familiar with Windows. 3 Sessions. Fee: \$59, Senior Fee: \$41.50 (No Combo Discount)

Code CE25S2016 7:00pm-9:00pm Wed 1/27 - 2/10 ***Vernon Hills HS, Room 2402***

Register early to help your class run!



Photoshop Elements—Layers G. Boucher II

Create great photo projects using Adobe Photoshop Elements through the understanding of Layers. This class explains the use of Layers in Photoshop to add type and multiple pictures to make flyers, posters and other interesting projects. The class will include digital scrapbooking so that individuals can learn how to turn vacation trips and memorable moments into beautiful tabletop books. Students must be familiar with Windows basics and basic Photoshop Elements. 3 Sessions. Fee: \$59, Senior Fee: \$41.50 (No Combo Discount)

Code CE23S2016 7:00pm-9:00pm Wed 2/24 - 3/9 ***Vernon Hills HS, Room 2404***



Photoshop Elements—Photo Artworks G. Boucher II

Learn how to turn ordinary pictures into works of art with an explanation and use of Filters. Students will learn how to change colors in a picture, add color to a black and white image, turn a picture into a pencil drawing and more. Students will learn how to work with PhotoMerge to create panoramic landscapes, add people from one picture to the next and remove unwanted elements seamlessly from your picture. Students must be familiar with Windows basics and basic Photoshop Elements. 3 Sessions. Fee: \$59, Senior Fee: \$41.50 (No Combo Discount)

Code CE27S2016 7:00pm-9:00pm Wed 3/30 - 4/13 ***Vernon Hills HS, Room 2402***

Check our Website at www.d125.org/prep for Updated or New Class Information
Questions? Call 847/415-4145



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Follow us on Twitter - @SHSPrep

Cooking & Dining



Soup for All Seasons Susan Taves

Soups are a great way to start a meal and a hearty soup can even be your meal! In this course we will make a soup for all seasons, including a cold summer fruit soup; fall butternut squash soup, a hearty Turkish roasted red pepper soup with bulgur and a luxurious shrimp bisque. Learn how to season your soups perfectly. Class includes recipes and hands-on cooking. 1 Session. Fee: \$39

NEW

Code AC47S2016

7:00-9:00pm

Thu 2/18

Room 1406

NEW

Vegetarian/Seafood Slow Cooking Meg Barnhart, Jane McKay

Meg Barnhart and Jane McKay are back again with a new twist on slow cooking. Come and learn how to “slow cook” with grains, vegetables and seafood. They will be demonstrating their “so simple” Salmon Tacos and Tuscan Bean Soup. Upon your arrival, you’ll enjoy a sample from one of their delicious tea breads and go home with one of their premium spice blends. So sit back and be prepared to experience a little “Zen.” For more information about Meg and Jane, please visit their website at www.thezenofslowcooking.com. 1 Session. Fee: \$55



Code AC61S2016

7:00-8:30pm

Thu 2/25

Room 1406

NEW

“Happy Meals” Real Food Well Prepared Deena Stovall

Tired of the same-ol’-thing? Hungry for something delicious you won’t regret eating? This meal is based on building block recipes that will open the door to food options you will love! The beauty of these menu items lies in their universal flexibility to be used in their basic form or embellished to create additional options. On the menu...moist, flavorful Baked Chicken (learn my secret for making a delicious bird with no added fat, just full, juicy flavor). Salad Stacks (using salad stuff, fruits, nuts and other healthy ingredients)...these are SO fun to make and serve...Pecan Divines - remarkably light egg white cookies packed with Pecans! 1 Session. Fee: \$59

Code AC63S2016

6:30-8:30pm

Tue 3/1

Room 1406

Cooking & Dining

NEW

Terrific Truffles Joel Meyers

Do you like sweets? Would you like to impress friends and family with a new dessert? Join us in this hands-on class, as we take you through an education of chocolate and learn how to prepare different kinds of truffles. We will learn how to prepare the truffle, how to flavor it with different ingredients, and how to coat them. 1 Session. Fee: \$55, Senior Fee: \$45

Code AC46S2016

Thu 3/24

7:00-9:00pm

Room 1406



Fast Fish and all the “Fixins” Deena Stovall

Everyone knows how good fish is for you....learn quick delicious ways to prepare it and some great side dishes to go with it! This menu is bursting with healthy, flavorful nutrition. On the menu...

Coconut-Ginger Fish with Cucumber Lime Salsa, Crispy Creamy 3-Cabbage Slaw, Creamy Cornbread, Dutched Apples. 1 Session. Fee: \$65

Code AC62S2016

Room 1406

6:30-8:30pm

Tue 3/15

NEW

NEW

Mother’s Day Brunch Deena Stovall

Mother’s Day is the perfect occasion to prepare a special menu. Something delicious AND beautiful to treat your Mom...or anyone’s Mom! Those special touches will remain etched in your Mother’s memory long after the last bite is savored! Details make all the difference, so we will discuss how to plan carefully and organize your tasks strategically. On the menu: Frozen Fruit Slush, Mini Raisin Bran Muffins, Canadian Bacon and Egg Casserole, Mandarin Chicken Salad with Almonds and Double Chocolate Brownie Bites. 1 Session. Fee: \$65

Code AC64S2016

6:30-8:30pm

Thu 4/21

Room 1406

Receive a 10% discount when you sign up for 2 or more qualifying PREP classes or camps at the same time! (Cannot be combined with other offers)

Cooking & Dining

Date Night Italian Style Susan Taves

Enjoy a romantic evening cooking and eating a three course Italian dinner. We will start with Arancini; little rice balls from the Bari coast, and move onto a pasta course of farfalle with pistachio pesto. Each couple will then share an entree of chicken vesuvio; moist marinated chicken breast with rosemary, mushrooms and olive oil. For dessert we will make classic apple crostata with vanilla whipped cream. You will receive a recipe packet so you can enjoy these dishes for years to come. Note: Fee is per person. 1 Session. Fee: \$39



Code AC81S2016

7:00pm-9:30pm

Fri 4/22

Room 1406



Flat Breads Shilpi Saxena

If there's anything that will make you fall in love with Indian food, it's the bread. Stuffed with vegetables and layered in delectable butter. These breads are the star of every meal. In this first class, we will make a variety of stuffed North Indian Flat Breads, commonly known as parathas. You will learn the art of basic dough making and will make five different types of fresh breads. We will make finger-licking good Aloo (Potato), Gobi (Cauliflower), Lachha (Layered), Punjabi Paneer and last but not least, mouth-watering Mooli (Daikon) Paratha. Create, cook and enjoy an evening filled with spirits from Punjab. You will also learn about the pairing options with these breads to complete this scrumptious meal. Note: Please inform instructor of any food allergies. 1 Session. Fee: \$55, Senior Fee: \$45

Code AC02S2016

6:00-9:00pm

Thu 3/3

Room 1406



Naan Bread and More Shilpi Saxena

If there's anything that will make you fall in love with Indian food, it's the bread. Stuffed with vegetables and layered in delectable butter, these breads are the star of every meal. In the finale of this two class series, we will explore the art of making Naan. Needing no introduction, Naan is an oven based flat bread and can be paired with any curry or be savored as is! To complete the tempting meal, we will also make the delicious Dal Makhani and Paneer Butter Masala. At the conclusion of this series, you will not only be a bread-making expert but will also be able to enjoy a restaurant style meal at the comfort of your home! Note: This is a two class series. The Flat Bread class is recommended to comprehend the concepts that will be further explored in the Naan Bread and more class. Please inform instructor of any food allergies. 1 Session. Fee: \$55, Senior Fee: \$45

Code AC03S2016

6:00-9:00pm

Thu 3/17

Room 1406

Dance, Health & Fitness



Yoga/Pilates Fusion Vidya Nahar

Join Vidya Nahar, ERYT, in this class to build your core strength, improve flexibility, restore mind-body connection, relax and rejuvenate by combining Pilates flow and Yoga balances. Achieve equilibrium in emotion and stillness in motion through this Yoga/Pilates fusion class. Note: Please consult your physician to check that this class is appropriate for your health situation. Please wear comfortable clothing and bring your mat and towel/yoga strap to class. 8 Sessions. Fee: \$95, Senior Fee: \$69

Code AS46P2016

4:00-5:00pm

Tue 1/26 - 3/22 (no class 2/9)

Room 6048

Code AS46S2016

4:00-5:00pm

Tue 4/5 - 5/24

Room 6048

Yoga for a Healthy Back! Vidya Nahar

Nearly 90% of American adults suffer from back pain and the number continues to climb. Why does this condition affect so many people in the industrialized world, while in some countries only 5% of adults report back pain? Much of our back pain results from how we hold ourselves and how we move. Join Vidya Nahar, ERYT, to learn simple yoga postures and movement techniques that will help you keep your back in good shape. Don't give up on your back. TAKE BACK YOUR BACK by learning and practicing these preventive and healing movements. Note: Please consult your physician to check that this class is appropriate for your health situation. Please bring your yoga mat to class. 1 Session. Fee: \$19

Code AS08S2016

6:00-8:00pm

Tue 4/19

Room 6048

Yogic Breathing Workshop Vidya Nahar

Your breath is an essential connection between your own mind and body. Vidya Nahar, ERYT will discuss and demonstrate several breathing techniques including bandhas (locks) used in Pranayam—Yogic Breath Regulation System. Prana is manifested through your breath. It is your energy flow. Pranayam is conscious control of inhalation, retention and exhalation of breath. You'll discover that you can actually alter the state of mind and body through the right kind of breathing. Regular practice of Pranayam helps prevent frequent sinus infections, runny/ blocked noses and helps with relaxation. Note: Please consult your physician to check that this class is appropriate for your health situation. Please bring your yoga mat to class. 1 Session. Fee: \$19

Code AS03S2016

6:00-8:00pm

Tue 2/16

Room 6048

Dance, Health & Fitness

Yin Yoga Vidya Nahar

Yin practice targets one's joints, ligaments and bones. It is a practice to open up, to stretch, to relax, to restore, to let go. Poses will be held longer. Discover your stillness in motion and equilibrium in emotion through this practice with Vidya Nahar, ERYT. Note: Please consult your physician to check that this class is appropriate for your health situation. Please wear comfortable clothing and bring your yoga mat and towel to class. 8 Sessions. Fee: \$95, Senior Fee: \$69

Code AS43P2016	7:45-8:45pm	Thu 2/4 - 3/24	Room 6048
Code AS43S2016	7:45-8:45pm	Thu 4/7 - 6/2 (no class 5/5)	Room 6048



Barre Workout Deena Stovall

Barre fuses the principles of ballet, dance, Pilates, yoga and strength conditioning to quickly firm and elongate participants' musculature.

Class includes standing work at the barre, as well as non-weight bearing exercises designed to flatten the abdominal area, lift the buttocks and increase muscle definition in the upper body. Note: Shoes not allowed on the dance floor. Bare feet for class. Please consult your physician to check that this class is appropriate for your health situation. 5 Sessions. Fee: \$55



Code AS36P2016	7:00-8:00pm	Wed 2/24 - 3/23	Room 2112
Code AS36S2016	7:00-8:00pm	Wed 4/13 - 5/11	Room 2112



Cardio Cut Deena Stovall

Overall fitness squeezed into one hour! The first 30 minutes is invested in cardio-based work, using the step or just moving across the floor. The goal is to keep the heart rate in a working zone for 20 minutes. Movements are simple to follow and each pattern is repeated 3 times so you can invest yourself fully in the routine. The balance of the class is spent in strength and resistance training. Of course we hit the abs and finish with a stretch. A great way to pack a lot of fitness into one hour. Note: Please wear athletic shoes. Please consult your physician to check that this class is appropriate for your health situation.

4 Sessions. Fee: \$45

Code AS37P2016	7:00-8:00pm	Mon 2/22 - 3/21 (no class 3/7)	Room 2110
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6 Sessions. Fee: \$65

Code AS37S2016	7:00-8:00pm	Mon 4/11 - 5/16	Room 2110
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Dance, Health & Fitness



Dancing Without the Stars! Ballroom Dance Level 1 Bob Urbon

If you have wedding or cruise scheduled, or just want to learn to dance for fun, this is the class for you! An introduction to several dances including: Foxtrot, Swing, Cha Cha, Rumba & Waltz. Note: Couples only please! Fee is per person. 6 Sessions.

Fee: \$55

Code AD15S2016

7:00-8:15pm

Thu 4/7 - 5/19 (no class 4/28)

Wood Commons



The Hustle and Night Club Two Step Bob Urbon

Learn the basics of these popular, fun and easy to learn dances. If you ever go clubbing, go to social dances or weddings, these dances will be perfect for these occasions. Note: Couples only please! Fee is per person. 6 Sessions. Fee: \$55

Code AD16S2016

8:15-9:30pm

Thu 4/7 - 5/19 (no class 4/28)

Wood Commons

Golf (Beginner) Bally Bunion Golf Center

This beginning class is held at the Bally Bunion Golf Center. Critical basics of golf will be covered, including: grips, alignment, stance, swing and strokes. Note: Prerequisite of 12 years or older. Bring your own golf clubs. Golf balls provided. The golf center is located on the corner of 83 and Aptakisis Rd. in Long Grove. 4 Sessions. Fee: \$95

Code AS01S2016

10:00-10:50am

Sun 4/10 - 5/1

Bally Bunion Golf Center

Dance, Health & Fitness



Essential Oils: Taking Charge of Your Health and Home Care Naturally

Breann Whitford

Do you struggle with colds, flu, allergies, sleep issues, migraines and headaches, depression, stress, anxiety, weight issues, skin issues or other emotional and physical health concerns AND would love to be empowered to address these issues naturally? Do you want to learn how to keep you house clean and germ free without all of the toxic chemicals found in most cleaning products? Then please join us in this fun, hands-on, life changing class that allows you to learn about the power of nature's medicine cabinet and cleaning agents through the use of essential oils! 2 Sessions. Fee: \$45

Code AS16S2016

6:30-8:30pm

Thu 2/25 -3/3

Room 1414

Register early to help your class run!



Self-Defense Vlad Gotkis

Your life can change in the blink of an eye! Knowing how to defend yourself in a dangerous situation is an essential skill you really shouldn't live without. Through this class, students will gain the confidence and skills they need to defend themselves in case they are attacked. The course will teach a combination of street self-defense mixed with kickboxing. Students will not only learn to defend themselves, but get

in shape while doing so! Our small-class format ensures an intensive, personalized approach with a high degree of instructor attention.

Students should wear comfortable pants/shorts, a t-shirt and gym shoes. We try to make the class as close to the real thing as possible while being in a controlled and safe environment. 6 Sessions.

Fee: \$125

Code AS27P2016

9:00-10:00 am

Sat 2/13 - 3/19

Room 6048

Code AS27S2016

9:00-10:00 am

Sat 4/16 - 5/21

Room 6048



Check our Website at www.d125.org/prep for Updated or New Class Information

Questions? Call 847/415-4145



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Dance, Health & Fitness



Hoopfit Diane Weber

If you are interested in weight loss and burning calories, then the Hoopnotica Fit program is for you! It is designed for all fitness and hooping levels. You can burn 400 - 600 calories in this one hour class. Train, shape and strengthen your body with this cutting-edge conditioning class. Bring your water to keep you hydrated through class! No experience required. Note: Hoops should be purchased before the first class. Cost range is \$30 - \$60. Some options for purchasing your hoop <https://www.etsy.com/shopHeadyHandmades> or <http://www.bettyhoops.com/order-products/>. For questions on purchasing a hoop, you may contact the instructor at diane_weber@comcast.net. Note: Please consult your physician to check that this class is appropriate for your health situation. 6 Sessions. Fee: \$59

Code AS59P2016

6:30-7:30pm

Tue 2/9 - 3/22 (no class 3/15)

Room 2110

Code AS59S2016

6:30-7:30pm

Tue 4/5 - 5/10

Room 2110

Register early to help your class run!

Archery—Beginning Jane Klewin

This basic archery class will teach participants how to shoot or improve their skills. The class is taught by a certified archery instructor. All equipment is provided. Classes are held indoors and no previous experience is required. 6 Sessions. Fee: \$75, Senior Fee: \$55

Code AS11S2016

7:00-8:00pm

Wed 3/9 - 4/20 (no class 3/30)

Room 5044



Dance, Health & Fitness



Fencing for Adults

Fernando Delgado

In this fencing class for adults, we will be learning the basics in defense and offense with foils and epees, using electric scoring equipment. All equipment will be provided. At the end of the session, a class competition will be held. Students should come to class in gym shoes and sweat pants. Note: Students must be over 18 yrs. 6 Sessions. Fee: \$59



Code AS04P2016

7:00-8:00pm

Wed 2/17 - 3/23

East Commons

Code AS04S2016

7:00-8:00pm

Wed 4/6 - 5/11

East Commons



Zumba® Raquel Antillera

Ditch the workout and join the party! It's time to dance yourself into shape with this energetic, Latin based fitness class. Come and see what everyone is so excited about and be part of the Zumba fitness party. Note: No experience necessary. All levels welcome! Please consult your physician to check that this class is appropriate for your health situation. 6 Sessions. Fee: \$65.

Code AS34P2016

6:00-7:00pm

Thu 2/18 - 3/24

Room 2110

Code AS34S2016

6:00-7:00pm

Thu 4/7 - 5/12

Room 2110

Receive a 10% discount when you sign up for 2 or more qualifying PREP classes or camps at the same time! (Cannot be combined with other offers)

Home & Garden

Secrets of a Professional Organizer Cindy Stec

Are you tired of coming home to clutter? Do you always have trouble finding papers or things you need? Would you like to down-size, but are not sure where to start? Come and learn from a professional organizer how to unclutter your space and home and eliminate a stressful environment. Learn to down-size or just to clear your clutter! 1 Session. Fee: \$19

Code HG84P2016

7:00-8:30pm

Thu 2/18

Room 2432

Code HG84S2016

7:00-8:30pm

Thu 3/17

Room 2432

Perennial Gardening and Design K. Hall

NEW

Perennials are some of the showiest and widely used plants in the garden. The diversity of bloom time, flower colors and seasonal interest makes these plants extremely important for plant enthusiasts and gardeners! Come and explore perennials - their characteristics, requirements and garden uses of the perennial, selecting the right plant for the right place, soil, dividing, and more. Can you create and maintain a low-maintenance perennial garden? This class will help you answer "yes" to this question. There will be class time for answering your questions about perennials. 1 Session. Fee: \$25, Senior Fee: \$17.50 (No Combo Discount)

Code HG23S2016

7:00-9:00pm

Tue 4/26

Libertyville HS, Room 009

Successful Container Gardens K. Hall

Learn how to select, plant and maintain that perfect container for your doorstep, patio or deck. We will cover what you need to know about container gardening - identifying your location, selecting the right soil, finding the perfect container and choosing the most beautiful plants. We will discuss texture, scale, proportion, shape, balance and color. When you leave this class, you will have the knowledge to design and maintain the perfect containers for your outdoor space using annuals, perennials, herbs and vegetables. Plants, containers and other materials will be provided for demonstration. A \$10 material fee is included in the fee. 1 Session. Fee: \$30, Senior Fee: \$24 (No Combo Discount)

NEW

Code HG24S2016

7:00-9:00pm

Thu 5/5

Libertyville HS, Room 009



Home & Garden

NEW

The Language of Color Floral Design

Eileen Weber, Lake Forest Flowers
Colors, like flowers themselves, evoke feeling, sentiment and emotion. This workshop gives you a solid grounding in color theory, while highlighting the latest contemporary color combinations. We'll be creating a floral composition of fresh floral materials for you to take home. Note: Please bring a clippers or scissors, a box and plastic bag to take home your arrangement. **Registration deadline is February 24th.** 1 Session. Fee: \$65



Code HG01S2016

7:00-8:00pm

Mon 2/29

Room 1616

NEW

Spring Awakening Floral Design

Eileen Weber, Lake Forest Flowers
Spring is almost here! So let's celebrate by working with spring flowers such as tulips, iris, daffodils, hyacinths and create a naturalistic design. We'll be creating a floral composition of fresh floral materials and natural accents for you to take home. Note: Please bring a clippers or scissors, a box and plastic bag to take home your arrangement. **Registration deadline March 9th.** 1 Session. Fee: \$65

Code HG02S2016

7:00-8:00pm

Mon 3/14

Room 1616

NEW

Exploring Ombre Floral Design

Eileen Weber, Lake Forest Flowers
This workshop explores designing in the ombre technique, "shading". Much like our February "Language of Color" workshop, we will highlight one of the colors of the year. This floral composition of fresh floral materials will be created using seasonal product. Note: Please bring a clippers or scissors, a box and plastic bag to take home your arrangement. **Registration deadline April 9th.** 1 Session. Fee: \$65

Code HG03S2016

7:00-8:00pm

Thu 4/14

Room 1616

NEW

Interior Design Basics A. Ahmed

Join an expert design consultant from Chic Design, Inc. as you learn all the basics of addressing your design dilemmas. Skills we will cover include space planning, how to measure and pick the right furniture, window treatments, choosing colors that work, addressing your walls and ceilings, and visual tricks of the trade. \$20 material fee is included. 4 Sessions. Fee: \$155 (No Combo Discount)

Code HG04S2016

7:00-9:00pm

Tue 4/5 - 4/26

Vernon Hills HS, Room 1213

International Languages



American Sign Language (ASL) Beginning

Jennifer Cacioppo

This course is designed for anyone interested in learning American Sign Language (ASL). Students are introduced to ASL including the alphabet, vocabulary (approx. 400 words), numbers, basic sentence structure, negatives, questions and directional verbs. Elements of deaf culture are woven throughout each lesson. Students will learn to sign simple sentences and convey meaning from basic everyday conversation. Note: Course materials will be provided. For ages 14 and up. 8 Sessions. Fee: \$135, Senior Fee: \$85

Code IL09S2016

6:30-8:30pm

Thu 3/3 - 4/28 (no class 3/31)

Room 2430

Spanish–Beginning Marianna Zeidler

¡Bienvenidos! Learning Spanish is a fiesta and we will surely have fun in every session. This introductory class will cover the essential elements of beginner's level of Spanish language study. We will practice the correct sounds and learn basic vocabulary. We will also learn about different expressions used in Spain and Latin American countries. We take a cultural approach to language learning. Join us and enjoy the visuals! 6 Sessions. Fee: \$89 (No Combo Discount)

Code IL05P2016

6:45-8:45pm

Mon 1/25 -3/7
(no class 2/15)

Vernon Hills HS Rm 1211

Code IL05S2016

6:45-8:45pm

Mon 3/28 -5/2

Vernon Hills HS Rm 1211

Spanish–Practice Marianna Zeidler

Everyone in this class is encouraged to speak, to keep practicing and stay exposed to the language as much as possible in a social and friendly setting. Don't shy away just because you feel at a basic stage or have a limited command of the language. Just share into the group's participation and be part of the fun. We develop comprehension skills and clarify any misunderstandings that can occur from literal translations. There is always something new and different. This class is for those with a basic knowledge of Spanish, or for those who have participated in previous classes, for those that would like to brush up on their skills or for amigos that would like to connect to others also learning the language. Join our group and enjoy the visuals. 6 Sessions. Fee: \$89 (No Combo Discount)

Code IL15P2016

6:45-8:45pm

Tue 1/26 - 3/1

Vernon Hills HS Rm 1211

Code IL15S2016

6:45-8:45pm

Tue 3/29 - 5/3

Vernon Hills HS Rm 1211

International Languages



Polish Beginning–Level 2 Paulina Glowacka

Learn Polish in an easy and engaging way. Enjoy the reading, listening, writing and speaking activities that will help you to master Polish in daily situations. This course concentrates on developing speaking skills, introducing and understanding the culture of Poland. Note: This class is a continuation of Polish Level 1. 6 Sessions. Fee: \$135, Senior Fee: \$85

Code IL20S2016

6:30-8:30pm

Thu 4/7 - 5/12

Room 2620



Korean–Beginning Jihye Choi

This course primarily deals with Korean beginning level: grammar, vocabulary, listening, speaking and writing. Common expressions used in daily conversations will be taught and learners will learn to make different types of sentences by applying various vocabulary and grammar beginnings. 10 Sessions. Fee: \$149, Senior Fee: \$104.30

Code IL22S2016

6:30-8:30pm

Thu 1/28 - 4/7
(no class 3/24)

Vernon Hills HS, Room 1211

Check our Website at www.d125.org/prep for Updated or New Class Information
Questions? Call 847/415-4145



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Personal Interest



Screenwriting Chicago Filmmakers CoOp

Do you want to translate your idea into a film? This course covers the fundamentals of writing screenplays and is designed for beginning students and writers. Through clips, outside readings, discussion and critiques, students will engage with such issues as character developments, dialogue, structure, narrative progression and what to do with a finished screenplay. 4 Sessions. Fee: \$249

Code PI46S2016

9:00am-12:00pm

Sat 4/9 - 4/30

Room TBA

Register early to help your class run!



Gregg Shorthand Ryoko Popjoy

Contrary to public belief that shorthand is a long-demised technique/expertise, learning the basics of the Gregg Shorthand Method will be an excellent opportunity for exercising one's brain, at the least. Students who venture on to learning this fantastic skill will be amazed at the versatility and science hidden behind the Gregg Shorthand Method. All learning materials will be provided by the instructor. 9 Sessions. Fee: \$89 (No Combo Discount)

Code PI74S2016

7:00-8:30pm

Thu 3/10 - 5/12
(no class 3/24)

Vernon Hills HS, Room 0212

Bike Maintenance Adam Lueken

Get your bicycle ready for summer. Designed with a beginning mechanic in mind, learn the basics of maintaining your bicycle. We'll show you how to fix flat tires, shifting and braking mechanisms, how to replace broken spokes and more! We'll also spend time focusing on bike fit and how to make your bike more comfortable and enjoyable as well. 2 Sessions. Fee: \$49, Senior Fee: \$34.50 (No Combo Discount)

Code PI04S2016

5:00-8:30pm

Tue 5/10 - 5/17

Vernon Hills HS, Room 0200



Personal Interest

Bridge–Beginning Susan Carney

This introductory course teaches you the game of bridge. You will learn bidding, playing, scoring and the relationship between partners playing the game to win. If you wish to learn to play bridge, this proven hands-on method of instruction is for you. Make new friends through bridge. You'll be glad you did. Note: Textbook may be purchased from the instructor for \$12.

10 Sessions. Fee: \$125, Senior Fee: \$96.75 (No Combo Discount)

Code PI42S2016

6:30-9:00pm

Thu 1/28 - 4/7 (no class 3/24)

Vernon Hills HS, Room 1315



Bridge–Beyond the Basics–Declarer Play Richard Edholm

Learn to properly manage all your assets to take more tricks from every hand you play. Develop tricks through asset promotion and length. When to and not to finesse. Manage entries, keep the dangerous opponent off lead. Prerequisites: Beginning Bridge or equivalent. Textbook may be purchased from the instructor for \$20. 10 Sessions. Fee: \$125, Senior Fee: \$96.75 (No Combo Discount)

Code PI44S2016

6:30-9:00pm

Mon 1/25 - 4/11 (no class 2/15, 3/21)

Vernon Hills HS, Room 0214

Check our Website at www.d125.org/prep for Updated or New Class Information

Questions? Call 847/415-4145



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Personal Interest

The Weekend Junker J. Cantarelli

If you're a weekend junkie that keeps buying "junk," this course is for you. It will teach you how to discern the junk from the treasures, how to spot fakes, how to look for chips, cracks, tears and other mishaps, and how to inspect things so you don't purchase something damaged. You'll also learn how to peruse a room so you don't waste time on the junk, but head straight to the valuables. Finally, you will learn the basics of identifying markings and distinguishing features on antiques and collectibles that make them authentic. This hands-on interactive course will give you the skills needed to be a knowledgeable weekend junkie - one who comes home with real antiques, real treasures and maybe that special diamond in the rough.

1 Session. Fee: \$19, Senior Fee: \$13.50 (No Combo Discount)

Code PI07S2016

10:00-12:00pm

Tue 6/14

Vernon Hills HS, Room 1212



Check our Website at www.d125.org/prep for Updated or New Class Information
Questions? Call 847/415-4145



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Community Music Academy

Stevenson Community Orchestra Enrique Vilaseco

If you play a symphonic instrument, here is an excellent opportunity to make beautiful music with instrumentalists from all generations from our dynamic and diverse community. The orchestra will experience and perform orchestral repertoire in a fun, safe and supportive environment. We will work toward an exciting concert event at the end of each semester. The orchestra is under the direction of Stevenson High School orchestra director Enrique Vilaseco. Please complete a community orchestra interest form at www.d125.org/prep (registration still required). For more information, contact Enrique Vilaseco at evilaseco@d125.org or 847-415-4771. Prerequisites: Adults and students of all ages from all instrumental families: strings, winds, brass and percussion. Players should be at least intermediate to advanced level, be able to play in tune with good tone and have some sight-reading ability. Repertoire selected is standard orchestral repertoire. 15 Sessions. Fee: \$59



STEVENSON STRINGS
o r c h e s t r a

Code MA50S2016 7:00-9:00pm Tue 2/2 - 5/24 (no class 3/22, 3/29, 5/17) Room 2200

Guitar 101 (Grades 5-8) Barmey Ung

Whether you've never played before or you jam all the time, Guitar 101 students will learn the language of playing guitar and making music. You will develop strong right hand rhythm playing and left hand technique. You will learn how to play the chords, melody and sing along with a tune. You will build a base of skills, tunes and musicianship to develop a lifelong connection to music and guitar. When you have completed Guitar 101, you will be a guitarist comfortable playing and performing in a band with friends or just playing along to your favorite songs. Full-size nylon string/classical guitars are available to use in class, so all you need to bring is a pick, though you may bring your own acoustic/classical guitar if you prefer. 6 Sessions. Fee: \$95

Code MA41P2016	6:00-7:00pm	Wed 2/17 - 3/23	Room 2203
Code MA41S2016	6:00-7:00pm	Wed 4/6 - 5/11	Room 2200

Adult Group Guitar Barmey Ung

Open to players of any skill level, from the aspiring guitarist to the experienced player, this class will teach or reinforce your knowledge of basic open position chords and progressions, essential strumming and fingerpicking patterns in multiple styles and melodic playing and improvisation, all in a fun and relaxed group setting. Participants will come away with a solid sense of reading tablature and lead sheet chord symbols, as well as an understanding of chord construction theory and songwriting. Nylon string/classical guitars are available to use in class, so all you need to bring is a pick, though you may bring your own acoustic/classical guitar if you prefer. Note: Must be at least 16 years old. 6 Sessions. Fee: \$95

Code MA40P2016	7:00-8:00pm	Wed 2/17 - 3/23	Room 2203
Code MA40S2016	7:00-8:00pm	Wed 4/6 - 5/11	Room 2200

Community Music Academy

MUSIC TOGETHER®

BRINGING HARMONY HOME.®

Music Together® Jennifer Bartel

Music Together is an internationally acclaimed music and movement program for children from birth through kindergarten and the grownups who love them. A pioneer in research-based early childhood music education, Music Together provides a relaxed, playful environment for children and their grownups to joyfully share songs, rhymes, movement and instrument play, both in class and in their daily lives.



Music Together is based on the recognition that all children are musical. Given the right environment, all children can learn to sing in tune, keep a beat and participate with confidence. Research has shown that music education starting at a young age has a multitude of cognitive and social-emotional benefits.

The mixed-age setting of Music Together classes encourages children to participate at their own level and allows siblings to participate together.

New song collections are presented every session,

so families can enjoy exciting new songs and styles for years. Can't make the first class or two? Late starts are welcome! Note: Sessions are held at Lutheran Church of the Holy Spirit, 30 Riverwoods Rd, Lincolnshire. 10 Sessions. Fee: \$195, Sibling Fee: \$99

Code MA23P2016	9:15-10:00am	Wed 1/27 - 4/6 (no class 3/30)	Lutheran Church of the Holy Spirit
Code MA25P2016	10:15-11:00am	Wed 1/27 - 4/6 (no class 3/30)	Lutheran Church of the Holy Spirit
Code MA23S2016	9:15-10:00am	Wed 4/13 - 6/15	Lutheran Church of the Holy Spirit
Code MA25S2016	10:15-11:00am	Wed 4/13 - 6/15	Lutheran Church of the Holy Spirit

Interested in a Free Music Together Demo Class? Call 847-415-4145 or email prep@d125.org and we will schedule a time for you to come and see what Music Together is all about! Visit musictogether.com for more information about the program and curriculum.

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Private Music Lessons

The Stevenson PREP Community Music Academy is now offering private music instruction! Lessons are available for all ages and skill levels with highly-qualified, degreed instructors. Lessons are offered in most instruments:

Guitar/Bass
Piano
Voice
Strings
Drums/Percussion
Winds
Brass

Our philosophy is that the capacity to learn and love music is inherent in every person. Our outstanding instructors—selected by Stevenson’s award-winning music faculty—work to meet each student’s unique needs, interests and goals to help them achieve their full musical potential.

For more information and to schedule lessons, please visit our website and complete the music lesson online inquiry form. You may also email prep@d125.org or call 847-415-4145. Please note that all lessons are held at Stevenson High School.



Check our Website at www.d125.org/prep for Updated or New Class Information
Questions? Call 847/415-4145



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Junior Patriot Sports



Jr Patriot Fencing (Grades 6-8) Fernando Delgado

In this fencing class for Junior High students, we will be learning the basics in defense and offense with foils and epees, using electric scoring equipment. All equipment will be provided. At the end of the session a class competition will be held. Note: Students will need to come in gym shoes and sweat pants.

6 Sessions. Fee: \$59

Code YS84P2016	6:00-7:00pm	Wed 2/17 - 3/23	East Commons
Code YS84S2016	6:00-7:00pm	Wed 4/6-5/11	East Commons

Jr Patriot Wrestling Club (Grades 1-8) Michael Sherman

This program will teach wrestling fundamentals and instill values of hard work, self-discipline, and the importance of goal setting. The season will begin April 4 and end in May. Practices will be held 2-3 times per week for 1-2 hours each. No prior experience in the sport is required to participate. Note: Wrestlers that are already registered for the Jr Pat Wrestling 2015-16 Winter season do not need to register for this season. Sessions TBA. Fee: \$109

Code YS82S2016	6:00-7:30pm	TBA	Wrestling Room (2111)
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7 on 7 Football League (Grades 6-8) Joe Weber

The purpose of this controlled 7 on 7 league is for players to specialize in passing development, passing defense and receiver development. There is no tackling, blocking or equipment. The teams will compete in the Chicagoland Youth Football League starting Saturday, April 9th. Practices will be held once during the week with one game on the weekend. Games will be played at Stevenson High School and other area schools. Please see our website www.d125.org/prep for updated information. Fee: \$125 (No Combo Discount)

Grade 6	Code YS88S2016	Field House
Grade 7	Code YS86S2016	Field House
Grade 8	Code YS87S2016	Field House



Youth Spring Programs



A Musical Theater Production **Starring...YOUR CHILD (Grade 1-8)**

Nick LoChirco

Join PREP and The Little Angels Theater Company for acting classes and a fully staged performance! The Little Angels Theater Company will teach your child the art of acting. Children will perform a fully rehearsed musical play on a real stage! Each child learns how to audition and will have a speaking part in the performance. Classes integrate the arts of improv, acting, script analysis, public speaking and dance in a fun and engaging way! Classes are taught by professional actors and directors and will consist of 12 acting sessions, a dress rehearsal and a fully staged musical performance! 12 Sessions. Fee: \$385



Code YC73S2016

4:00-6:30pm

Thu 2/18 - 5/12 (no class 3/31)

Room 7044

Register early to help your class run!

Karate (8-14 yrs) Vlad Gotkis

Impact Dojo karate provides fun, high energy training by master instructors. Students learn both the physical aspects of karate and the principals, history and philosophy of the martial art. Students will build self-confidence, self-discipline and good character, while having a great time along the way. Each student will take home an individually-tailored curriculum book that will be used as a guide to help them reach their full potential. Topics covered in the class include threat awareness, bullying prevention, abduction prevention, emergency response and the importance of healthy living. Our small-class format ensures an intensive, personalized approach with a high degree of instructor attention. Note: \$40 uniform/belt fee due first day of class. 6 Sessions. Fee: \$95



Code YC14P2016

10:10- 11:00 am

Sat 2/13 - 3/19

Room 6048

Code YC14S2016

10:10- 11:00 am

Sat 4/16 - 5/21

Room 6048

Youth Spring Programs



Hip Hop for Girls (Grade K-8) Chicago Loves Dance
Students will learn choreography to the newest pop/dance songs, show off their creativity in free-style choreography sessions and more. Our philosophy is that dance should open your child's creative abilities and be FUN! The last day of the class will be a parent watch day where they will do a short performance to show off their new talents. Note: Please wear dance appropriate clothing. There are no street shoes allowed on the dance floor, so dance shoes, socks or bare feet are welcome. Children must be walked to the class. Please do NOT drop them off at the school entrance. 10 Sessions. Fee: \$150 (No Combo Discount)

GRADES K-3

Code YC52S2016 9:30-10:30am Sat 2/20 - 5/7 (no class 3/26, 4/2) Room 2112B

GRADES 4-8

Code YC65S2016 10:30-11:30am Sat 2/20 - 5/7 (no class 3/26, 4/2) Room 2112B



Break-dancing for Boys (Grade K-8) Chicago Loves Dance

Under the creative direction of skilled Chicago Loves Dance break dancers, students will learn breakdance steps and poses, show off their creativity in free-style sessions and more. Chicago Loves Dance runs on the philosophy that dance should open your child's creative abilities and be FUN! We pride ourselves on teaching the self-esteem and socialization needed in everyday life through the activity of dance and performance. The last day of the class will be a parent watch day where they will do a short performance to show off their new talents. Note: Please wear dance appropriate clothing. There are no street shoes allowed on the dance floor, so dance shoes, socks or bare feet are welcome. Children must be walked to class. Please do NOT drop them off at the school entrance. 10 Sessions. Fee: \$150 (No Combo Discount)

GRADES K-3

Code YC53S2016 9:30-10:30am Sat 2/20 - 5/7 (no class 3/26, 4/2) Room 2112A

GRADES 4-8

Code YC66S2016 10:30-11:30am Sat 2/20 - 5/7 (no class 3/26, 4/2) Room 2112A

Youth Spring Programs



Mechanical Engineering: Junior

(Grade PK-2) Engineering for Kids

The Junior Mechanical Engineering classes introduce our youngest engineers to fundamental concepts of energy, materials and movement. Through open and focused exploration, students explore and construct their own roller coasters, catapults, cars and more. 6 Sessions. Fee: \$145

YC77P2016 9:30-10:30am Sat 2/13 - 3/19
Room 1420



Lego® Robotics Adventure Stories Junior (Grade PK-2) Engineering for Kids

This class is a perfect mixture of fun and learning, using LEGO® WeDo™ Robots. Using LEGO® bricks, students build an airplane rescue, a giant escape and a sailboat storm. They also learn how to program and operate their creations using a laptop computer. 6 Sessions. Fee: \$169

YC80S2016 9:00-10:30am Sat 4/9 - 5/14 Room 1420



Mechanical Engineering: Apprentice/Master (Grade 3-8) Engineering for Kids

During the Mechanical Engineering unit, students use the Engineering Design Process to design, create, test and improve a variety of machines and mechanical systems. Students learn basics of energy, traction, aerodynamics and durability while constructing roller coasters, eggstreme defense vehicles and an incredibly fast air-powered custom dragster. Students in 6th-8th grade will work on additional project activities. 6 Sessions. Fee: \$169

YC78P2016 10:45am-12:15pm Sat 2/13 - 3/19 Room 1420



Electronic Game Design: Invader Defense Apprentice/Master (Grade 3-8)

Engineering for Kids

During the Electronic Game Design: Invader Defense class students will use Clickteam Fusion 2.5® to create their own video game. Whether students wish to fire marshmallows or missiles, they build a complete video game from start to finish. They program characters to survive a wave of enemy attacks in order to reach the next level. At the end of the class, students take home a copy of the game they create. Students in 6th-8th grade will work on additional project activities. 6 Sessions. Fee: \$169

YC76P2016 6:00-7:30pm Tue 2/16 - 3/22 Room 1506

Youth Spring Programs



Lego® Robotics: Mission to Mars (Grade 3-8) Engineering for Kids

This LEGO® Robotics: Mission to Mars curriculum is designed to introduce students to the world of not only building, but also programming basic robots. Throughout this course the students will explore different ways in which a robot could be utilized to explore a distant planet. Students in 6th-8th grade will work on additional project activities. 6 Sessions. Fee: \$169

YC81S2016

10:45am-12:15pm

Sat 4/9 - 5/14

Room 1420



Software Engineering: Scratch Video Sensing Apprentice (Grade 3-5) Engineering for Kids

What's more fun than playing an interactive video game? Writing one! Video sensing allows students to design and program their own video games and then test them by interacting with the program via webcam. In this Scratch program, students work together to create their own games, art and musical instruments while exploring coding foundations. Get up and get moving with Engineering for Kids and Scratch: Video Sensing! 6 Sessions. Fee: \$169

YC79S2016

4:15-5:45pm

Tue 4/12 - 5/17

Room 1506

First Lego League Robotics (Grades 6-8) Justin Zummo

Looking for a unique educational experience that will challenge and excite your child? Our LEGO Mindstorms class is designed so that students learn technology skills through fun, engaging and dynamic projects. Students will gain knowledge and confidence through creating, exploring and problem-solving with hands-on learning experiences. We will focus on building and programming various designs to perform specific tasks with the NTX 2.0 and EV3 LEGO Mindstorms sets. This class will inspire students to have an interest in Science, Technology, Engineering and Math (STEM) principles but most importantly...they will have fun doing it! 8 sessions. Fee: \$199

Code YC46S2016

5:00-7:00pm

Thu 3/3 - 4/28 (no class 3/31)

Room 1420

Youth Summer Orchestra Camp



STEVENSON STRINGS

orchestra

Orchestra summer camp is an opportunity for younger string players to develop musical skills while having fun and making new friends. Under the direction of Stevenson Orchestra teachers and high school student coaches, students will learn new music, develop new skills and review important fundamentals of good string playing. Each session will include 45 minutes of small group interaction, 45 minutes of large ensemble rehearsal with mixed instrumentation and a 60 minute rhythm reading and performance skills workshop. All elementary school, middle school and incoming freshmen violinists, violists, cellists and bassists who are reading music at a book 2 to book 3 level or beyond, who can read basic rhythms and notes on all 4 strings in first position or beyond are welcome. Previous group experience in school or other music programs is helpful but not required. The camp is intended for students who have not been in the Stevenson orchestra program. The camp will conclude with a performance demonstration open to all families/guests of the participants on the last afternoon. Students must supply their own instruments every day. Limited overnight storage is available for cello and basses only. You may register for either one or both of the sessions. Note: Phone (847-415-4766) or email Anthony Krempa (akrempa@d125.org), if you have any questions. 4 Sessions. Fee: \$109

Violin

Code YC0712016	10:00am-12:30pm	M-Th 6/20 - 6/23	Room 2200
Code YC0722016	10:00am-12:30pm	M-Th 7/11 - 7/14	Room 2200

Viola

Code YC0812016	10:00am-12:30pm	M-Th 6/20 - 6/23	Room 2200
Code YC0822016	10:00am-12:30pm	M-Th 7/11 - 7/14	Room 2200

Cello/Bass

Code YC0912016	10:00am-12:30pm	M-Th 6/20 - 6/23	Room 2200
Code YC0922016	10:00am-12:30pm	M-Th 7/11 - 7/14	Room 2200

Youth Summer Programs

NEW

Guitar 101 Camp (Beginners, Ages 9 yrs+) Barmey Ung

Whether you've never played before or you've already started jamming, Guitar 101 students will learn the language of playing guitar and making music. Through exercises, musical games and working together with new people, you will learn to play with correct posture and technique and play chords, read melodies and even sing along with a tune. This camp will give you the tools to get you started on your musical journey, whether playing and performing in a band with friends or just playing along to your favorite songs. Full-size nylon string/classical guitars are available to use in class, so all you need to bring is a pick, though you may bring your own acoustic/classical guitar if you prefer. Note: No previous experience necessary, students just need the ability to work well with others, have a focused work ethic, and be excited to learn, share and participate. 4 Sessions. Fee: \$95

Code YC15U2016

12:00-2:00pm

M-Th 6/13 - 6/16

Room 2200



NEW

Guitar 102 Camp (Intermediate Level, Ages 11 yrs+) Barmey Ung

Intermediate guitar players will learn more advanced techniques and more challenging songs while playing and practicing together. Fundamental music theory concepts and some music history will be taught, presented and discussed as well. When you have completed Guitar 102, you will know how melodies and chords are shaped, have impressive riffs and techniques to show off to your friends and know effective ways to practice, perform, and work together. Note: Full-size nylon string/classical guitars are available to use in class, so all you need to bring is a pick, though you may bring your own acoustic/classical guitar if you prefer. Note: 1 year or more of experience or equivalent knowledge and some familiarity with basic chords, rhythm, note/tab reading, tuning and strumming. 4 Sessions. Fee: \$95

Code YC16U2016

2:15-4:15pm

M-Th 6/13 - 6/16

Room 2200

Youth Summer Programs



CSI Camp (Grades 5-8) Lincolnshire Police Department

Do you ever wonder how police search and investigate a crime scene? Join the Lincolnshire Police Department and learn how real-life investigators solve cases. This hands-on camp is designed to introduce youth to the law enforcement profession. Students will receive a basic foundation of knowledge into the duties and responsibilities of a police officer. Members of the Lincolnshire Police Department will provide training in topics including, but not limited to: building searches, crime scene investigations, fingerprinting, patrol tactics and radio communications. The program affords youth the opportunity to interact with law enforcement professionals and provide insight into their community's police department. Note: The first day of camp will meet in the Lincolnshire Village Hall's Community room.

Transportation is not provided by SHS. 4 Sessions. Fee: \$89

Code YC48U2016

9:00am-12:00pm

M-Th 6/20 - 6/23

Lincolnshire Police Department/Stevenson Room TBA



Art Adventure Camp (Grades 3-8)

Derek Weber

Discover a world of artistic possibilities!

You will have fun and learn a ton in two weeks of exploring media such as sculpting, watercolor and acrylic painting, drawing, and illustration. You will even learn advanced techniques such as blending and shading, portraiture, and perspective drawing. New topics or media will be explored every day. Whether its your first art class or you're an experienced artist, all skill levels are welcome! 8 Sessions. Fee: \$199



Grades 3-5

Code YC01U2016

9:00am-12:00pm

M-Th 6/13 - 6/23

Room TBA

Grades 6-8

Code YC02U2016

1:15-4:15pm

M-Th 6/13 - 6/23

Room TBA

Receive a 10% discount when you sign up for 2 or more qualifying PREP classes or camps at the same time! (Cannot be combined with other offers)

Youth Summer Programs



Improv for Children Camp Beginners & Intermediate (Grade 5-8) Nick LoChirco

Nick LoChirco's critically acclaimed and nationally renowned Little Angels Theater Company has been using improvisational techniques to create and perform theater for children for over 20 years! Through these improv games children learn discipline, teamwork, problem solving, communication skills, stage presence and out-of-the-box thinking - the building blocks of acting, writing, performance and all creative arts. Best of all, children will have FUN while discovering their talents. After all, improv class is a class where children get to PLAY GAMES! Children will learn the games and exercises that will form the base of good creative techniques. Note: If your child has taken a solid improvisation course elsewhere, they should qualify for the intermediate level. 8 Sessions. Fee: \$199



Beginner

Code YC70U2016	9:00am-12:00pm	M-Th 7/25 - 8/4	Room TBA
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Intermediate

Code YC71U2016	1:15-4:15pm	M-Th 7/25 - 8/4	Room TBA
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Filmmaking Camp (Grades 6-8) Chicago Filmmakers CoOp

This comprehensive camp will cover all aspects of digital video production, from initial concept to finished movie. Students will learn about pre-production planning, storyboarding, cameras, lighting, sound, shot composition, and computer editing, and will work collaboratively on group projects. The camp closes with a public screening to showcase the work for friends and family, and each student receives a copy of all projects completed in the workshop. 8 Sessions. Fee: \$495 (No Combo Discount)

Code YC24U2016	9:00am-3:00pm	M-Th 7/11 - 7/21	Room TBA
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Check our Website at www.d125.org/prep for Updated or New Class Information

Questions? Call 847/415-4145



Like us on Facebook - Stevenson High School PREP



Follow us on Twitter - @SHSPrep

Youth Summer Programs



Science Sleuths (Grades 6-8) Dean Barr
 “Science Sleuths” summer camp will engage incoming 6th, 7th and 8th graders in a variety of hands-on learning experiences within the realms of Biology, Chemistry, Physics and Earth/Environmental Science. The camp will focus on applied knowledge, integration of topics, problem-based learning and FUN! Students will work on projects individually, in pairs and in small teams. They will be challenged to question, research, design, create and problem-solve in a lively learning environment. No grades, no pressure...to paraphrase Nobel prize-winning



physicist Richard Feynman, students will stumble upon “the pleasure of finding things out.”
 Note: Curriculum has some overlap with the previous “Roots for STEM Camp.” 4 Sessions.
 Fee: \$289

Code YC75U2016

9:00am-3:00pm

M-Th 6/13 - 6/16

Room 1622

PLEASE NOTE!

Summer registration applies to the student's **NEW** grade



Engineering Camp (Grades 6-8)

Michael Anderson

Do you like trying to find different ways to solve a problem? If you like taking things apart to see how they work, then the Technology Education Engineering Camp is for you. In this camp, you will participate in different team design challenges each day, while learning the basic fundamentals of engineering and design. 4 Sessions. Fee: \$149



Code YC62U2016

1:15-4:15pm

M-Th 7/25 - 7/28

Room 1428

Youth Summer Programs



Print Media Camp (Grades 6-8) Kelly Smith

Print media is all around us, from the graphic t-shirts you wear to the design on your phone case. In this workshop, attendees will get a hands on experience using digital design tools to create artwork. In the Print Media workshop, attendees will be introduced to the basics of graphic design including digital image capture, digital illustration and page layout using Adobe Photoshop, Illustrator and InDesign. Attendees will learn to design for digital printing technologies and operate professional printing equipment. Each attendee will design and produce t-shirts, decals, notepads, a 3D printed item and they will print on a three dimensional object. 4 Sessions. Fee: \$149

Code YC60U2016

9:00am-12:00pm

M-Th 6/13 - 6/16

Room 6008



Audio/Video Camp (Grades 6-8) Kelly Smith

Do you want to make your own movies? This fun and engaging workshop gives participants a hands-on experience planning, filming and editing video projects. Each day, attendees will form production teams and will be given a film challenge to plan, shoot and edit. Challenges include a stop motion film, a "how to" film, a day in the life of x film and a super hero film. 4 Sessions. Fee: \$149

Code YC61U2016

1:15-4:15pm

M-Th 6/13 - 6/16

Room 3002



Video Game Design Camp (Grades 7-8) Justin Zummo

Have you ever wondered what goes into the making of one of your favorite video games? In video game design camp, you will experiment with professional grade software such as Stencyl, Photoshop and Garageband to create your very own 2D video games! 4 Sessions. Fee: \$149

Code YC63U2016

9:00am-12:00pm

M-Th 8/1 - 8/4

Room 3002



First LEGO® League Robotics (Grades 6-8) Alex Mak

Looking for a unique educational experience that will challenge and excite your child? Our LEGO Mindstorms class is designed so that students learn technology skills through fun, engaging and dynamic projects. Students will gain knowledge and confidence through creating, exploring and problem-solving with hands-on learning experiences. We will focus on building and programming various designs to perform specific tasks with the NTX 2.0 and EV3 LEGO Mindstorm sets. This class will inspire students to have an interest in Science, Technology, Engineering and Math (STEM) principles, but most importantly, they will have fun doing it!. 4 Sessions. Fee: \$149

Code YC64U2016

1:15-4:15pm

M-Th 8/1 - 8/4

Room TBA

Youth Summer Programs

NEW

Under Construction—Junior Engineers (Grades PK-2) Engineering for Kids

Put on your hard hats engineers and join us in Engineers: Under Construction! In this camp, students work hard to apply their knowledge of construction to save the beach from erosion and build their very own city from the ground up. From roads and tunnels to buildings and skyscrapers, students discover that no job's too tough for an Engineering for Kids engineer! 4 Sessions. Fee: \$219

Code YC86U2016

9:00am-12:00pm

M-Th 6/27 - 6/30

Room TBA

NEW

LEGO® Robotics Amazing Mechanism—Junior (Grades PK-2) Engineering for Kids

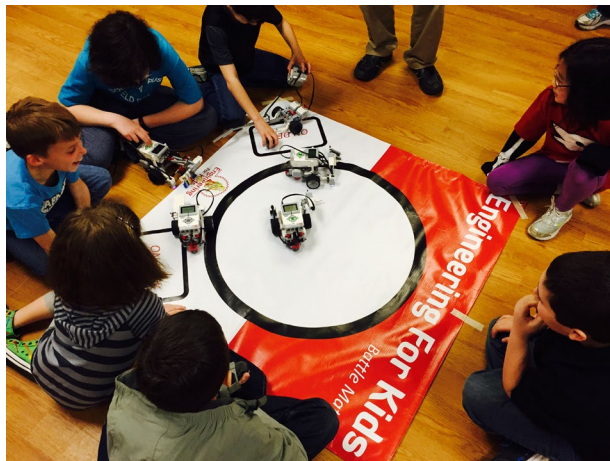
This camp is a perfect mixture of fun and learning, using LEGO® WeDo™ Robots. Using LEGO® Bricks, students will build a dancing bird, a drumming monkey, a smart spinner and a giant escape. They also will learn how to program and operate their creation using a laptop computer. 4 Sessions. Fee: \$219

Code YC87U2016

1:15-4:15pm

M-Th 6/27 - 6/30

Room TBA



NEW

Wings, Wheelings and Sails—Junior (Grades PK-2) Engineering for Kids

Everyone has to travel and engineers are involved in all the steps of designing different modes of transportation as well as inventing and designing tools that aid in travel. During this camp, students will get their passports and travel to a new country every day by a different means! They will engineer their mode of transportation or tool to aid in transportation daily to get to their destination country. At the end of the week, they will have built several different means to travel by and have a passport full of culture and all their memories from the week from the places they visited. 4 Sessions. Fee: \$219

Code YC91U2016

9:00am-12:00pm

M-Th 7/18 - 7/21

Room TBA

Youth Summer Programs

NEW

Space Pioneers with Scratch—Junior (Grades PK-2)

Engineering for Kids

Embark on fun journey to space with Scratch! Send an astronaut to the moon and defend your moon base from space rocks. Learn how to use Scratch to create and program sprites, backdrops and basic scripts. Create a new program each day, leave with evidence of your wild space adventure and be inspired to explore the universe of programming as a Space Pioneer. 4 Sessions. Fee: \$219

Code YC92U2016

1:15-4:15pm

M-Th 7/18 - 7/21

Room TBA

PLEASE NOTE!

Summer registration applies to the student's NEW grade



The Engineering of Travel—Apprentice (Grades 3-5)

Engineering for Kids

111 years ago airplanes had not even made their first flight, yet today we can fly to the other side of the world in 12 hours! It is thanks to advances in technology that we are able to explore so much of the world. During this camp, teams will have to work together to see who is able to travel the farthest around the world. This trek around the world will require students to design their very own boat, plane and even a rocket! 4 Sessions. Fee: \$219

NEW

Code YC82U2016

9:00am-12:00pm

M-Th 6/13 - 6/16

Room TBA

NEW

Electronic Game Design: Racing Games—Apprentice (Grades 3-5)

Engineering for Kids

During the Electronic Game Design: Racing Games camp, students will use Clickteam Fusion 2.5® to create their own video game. Whether students wish to create a boat with a water themed track or any other theme, they build a complete video game from start to finish. They program their vehicle along with the opponent's vehicle to drive on and off the track as they both compete to finish the race first. At the end of the camp, students take home a copy of the game they create. 4 Sessions. Fee: \$219

Code YC83U2016

1:15-4:15pm

M-Th 6/13 - 6/16

Room TBA

Youth Summer Programs

NEW

LEGO® Robotics: Robo Games—Apprentice (Grades 3-5) Engineering for Kids
This Robotics: RoboGames curriculum is designed to introduce students to the world of not only building, but also programming basic robots using LEGO® MINDSTORMS® EV3 robots. In this unit, students will design their robots to play games including carnival toss, hungry hungry robots, hide and seek and more. 4 Sessions. Fee: \$219

Code YC85U2016

1:15-4:15pm

M-Th 6/20 - 6/23

Room TBA

NEW

Girls Week: How Amusing—Apprentice (Grades 3-5) Engineering for Kids
Ah, the thrill of an amusement park...zipping around on racecars, zooming through the loops of a rollercoaster, trying your luck at a floating boat game and enjoying a cold, refreshing ice cream treat at the end of a hot, sticky day. Can't get better than that!

During this camp, students will divide into competitive theme park teams. They will challenge other teams in specific engineering-related contests with the goal of creating the most fantastic and thrilling theme park experience. At the end of the week, only one team will emerge as the winner and will be granted the prestigious honor of creating the world's next great amusement park for children ages 0-99 to enjoy for summers to come! 4 Sessions. Fee: \$219

Code YC84U2016

9:00am-12:00pm

M-Th 6/20 - 6/23

Room TBA

NEW

The Engineering of Medieval Times—Apprentice (Grades 3-5) Engineering for Kids
In medieval times, there were a huge number of engineering innovations. Crossbows, drawbridges, towers, cranes, the compass and more were invented during those times.

The lands then were ruled by feudal courts in a castle, with each castle having a great deal of land around it that was ruled by the lords and ladies of the castle. Because owning land meant more power, many lords and ladies went to battle with other lords and ladies, trying to take their castle and control their land. This led to many incredible devices being engineered, such as catapults. Students will be split into groups forming their own feudal court of lords and ladies. They will try to beat out the other teams in various challenges to show their prowess and be crowned kings and queens of the land with the Engineering for Kids Crown. 4 Sessions. Fee: \$219

Code YC88U2016

9:00am-12:00pm

M-Th 6/27 - 6/30

Room TBA

NEW

LEGO® Robotics: Ocean Missions—Apprentice (Grades 3-5) Engineering for Kids
This LEGO® Robotics: Ocean Missions camp is designed to introduce students to the world of robotics in an interesting and engaging way. The goal is to teach students about the building and programming aspects of robotics, using LEGO® Mindstorm EV3 Robotics, as it relates to real-world issues in ocean exploration. 4 Sessions. Fee: \$219

Code YC89U2016

1:15-4:15pm

M-Th 6/27 - 6/30

Room TBA

Youth Summer Programs



MinecraftEdu: Traveling into the Future—Apprentice (Grades 3-5)

Engineering for Kids

Join us in an apocalyptic future, one where the earth has been ravaged by a series of natural disasters. Each day, students rely on the engineering design process to solve a series of challenges such as building a city on a series of islands, escaping from a bunker on Mt. Everest and even building a rocket to land on the moon! Through application of engineering principles, students solve numerous challenges as they make their virtual world of Minecraft a safe place for humanity once again. 4 Sessions. Fee: \$219

Code YC90U2016

9:00am-12:00pm

M-Th 7/11 - 7/14

Room TBA



Engineering Olympiad—Apprentice (Grades 3-5) Engineering for Kids

Who has the strength to be a world-class athlete? In this camp, students will separate into teams and compete against opposing teams in various tests of mental and creative strength. The students will earn medals throughout the week and will endeavor to become the next great Engineering Olympiad. 4 Sessions. Fee: \$219

Code YC93U2016

9:00am-12:00pm

M-Th 7/18 - 7/21

Room TBA



LEGO® Robotics: Olympics—Apprentice (Grades 3-5) Engineering for Kids

This Robotics: Olympics camp will introduce students to the concepts of building and programming robots using LEGO® MINDSTORMS® EV3 robots in a competitive and fun way using sports like hockey, basketball, wrestling and more. 4 Sessions.

Fee: \$219

Code YC94U2016

1:15-4:15pm

M-Th 7/18 - 7/21

Room TBA

Youth Summer Sports Camps

NEW

Introduction to Sports Camp—Girls (Grades 3-5) Trish Betthausen

This program is designed to introduce young girls to a variety of sports that are offered at Stevenson High School. This multi sport camp will give girls the opportunity to discover a variety of different athletic activities. Participants will explore games that will continue to be taught throughout Junior High School and High School Physical Welfare classes. This camp will also provide exposure to sports that might become available to join as future school teams. Campers will be given instruction on the fundamentals of softball, basketball, lacrosse and many other sports with an emphasis on skill development, sportsmanship, teamwork and confidence building. This Introduction to Sports Camp will be supervised and taught by current Stevenson High School coaches. Shin guards are strongly recommended. Note: Campers need to bring their own lunch and water bottle, and should also bring a snack for a mid-morning break. 4 Sessions. Fee: \$235

Code YS91U2016

9:00am-3:00pm

M-Th 6/13 - 6/16

TBA



Badminton Camp Coed (Grades 6-8)

Grant Johnson

Be a part of one of the world's fastest racket sports. Learn how to drop, smash and clear. Students will learn how to time their movement in order to better hit the birdie and improve their games greatly. Please bring your racket on a daily basis. Practice rackets will be provided for athletes who do not have their own. 7 Sessions. Fee: \$99

Code YS12U2016

11:00am-12:30pm

M-Th 6/27 - 7/7 (no camp 7/4)

Field House

***Register for any Youth Sports Camp
by May 15 to get a free t-shirt!***

Baseball Teaching Camp (Grades 2-8) Patrick Block

This 4-day camp is coordinated by the Stevenson Baseball Program. The camp is designed to teach players the fundamentals of baseball in order to improve individual skills. Campers should wear/bring baseball pants, cleats, gym shoes and athletic supporter. Bring a labeled glove and bat. 4 Sessions. Fee: \$115

Code YS13U2016

10:00am-1:00pm

M-Th 6/13 - 6/16

Varsity Baseball Field

Youth Summer Sports Camps



Basketball Camp Girls (Grades 4-8) Ashley Graham

This fundamentals camp is for the young player wishing to enhance their basketball skills. The camp will emphasize the fundamentals of rebounding, defense, offense and the mental aspects of the sport. There will be a series of drills, lectures and demonstrations on a daily basis. Note: Bring your own labeled basketball. 8 Sessions. Fee: \$115

Code YS17U2016
Sports Center

1:30-3:00pm

M-Th 6/13 - 6/23

PLEASE NOTE!

Summer registration applies to the student's NEW grade



Track and Field Camp Girls (Grades 6-8) Emma Degen

This camp is designed to educate athletes about the exciting sport of track & field. Athletes will be shown the basics of a variety of different track and field events.

Focus will be on sprints, hurdles, high jump, long jump, shot put and discus. All girls interested in track and field are encouraged to attend this camp. 4 Sessions. Fee: \$69

Code YS56U2016

10:00-11:30am

M-Th 6/20 - 6/23

Track



Youth Summer Sports Camps

Basketball Camp Boys–GREEN (Grades 1-8) Pat Ambrose

This camp will focus on the development of individual basketball fundamentals and team concepts. Campers will be introduced to basic Stevenson concepts while learning the Stevenson system of rebounding, shooting, offense and defense from SHS coaches and players. Sessions will include drills, contests, games and prizes. Lowered baskets and smaller basketballs will be used for the younger campers. Note: Please bring a labeled basketball. 8 Sessions. Fee: \$115

GRADES 1-6

Code YS14U2016

9:00-10:30am

M-Th 6/13 - 6/23

Field House

GRADES 7-8

Code YS15U2016

10:30am-12:00pm

M-Th 6/13 - 6/23

Field House



Basketball Camp Boys–GOLD (Grades 7-8)

Pat Ambrose

This camp is designed for the advanced 7-8th grader and will occur the week following the Green Camp. Campers will be grouped by ability level and sessions will be competitive and fast-paced. Sessions will include position breakdowns, advanced station (drill) work, as well as a deeper introduction of Stevenson offensive & defensive concepts and terminology. These sessions will build on the skills and the terminology taught during the Green camp. Space will be limited to keep a low coach-to camper ratio. Campers will be evaluated during the Green camp and invited to register. Registration for the Gold camp will open on June 16, and is by Coach's invitation only. Email Coach Ambrose (pambrose@d125.org), if you have any questions. Note: Please bring a labeled basketball. 7 Sessions. Fee: \$149 (No discounts apply)

Code YS20U2016

10:00am-12:00pm

M-Th 6/27 - 7/7 (no camp 7/4)

Sports Center

Receive a 10% discount when you sign up for 2 or more qualifying PREP classes or camps at the same time! (Cannot be combined with other offers)

Youth Summer Sports Camps

Softball Basics (Grades 1-4) Alexandra Vikartofsky

This camp is designed to develop motor skills, promote physical fitness and create self-confidence. Players are taught throwing, catching, base-running/sliding and hitting mechanics while participating in team building, hand-eye coordination and other fun activities. Wide ranges of skills are welcomed and encouraged in this one week, energetic and active softball camp! Please bring cleats, glove, gym shoes, bat, helmet and LOTS of water. This camp is for players using 11" softballs (10U and under). 4 sessions. Fee: \$79



Code YS24U2016

9:00-11:00am

M-Th 6/20 - 6/23

Varsity Softball Field

Softball Basics (Grades 5-8) Alexandra Vikartofsky

This camp is designed to develop motor skills, promote physical fitness and create self-confidence. Players are taught throwing, catching, base-running/sliding and hitting mechanics while participating in team building, hand-eye coordination and other fun activities. Wide ranges of skills are welcomed and encouraged in this one week, energetic and active softball camp! Please bring cleats, glove, gym shoes, bat, helmet and LOTS of water. This camp is designed for players using 12" softballs (11U and over). 4 sessions. Fee: \$79

Code YS25U2016

11:00am-1:00pm

M-Th 6/20 - 6/23

Varsity Softball Field



Fencing Camp (Grades 6-8) Fernando Delgado

Beginning students of fencing will be taught the basics of the sport, weapon use and conditioning exercises. Veteran fencers will work on conditioning exercises and improvement of their competitive skills. A competitive tournament will be held at both levels of competition. 8 Sessions. Fee: \$199

Code YS71U2016
Wood Commons

1:15-4:15pm

M-Th 7/18 - 7/28

Youth Summer Sports Camps



Golf Girls (Grades 6-8) Emma Degen

If you are a girl interested in learning the game of golf, this is the camp for you. The high school girls' golf coaches will be working with middle school girls of all ability levels. The first two days of camp will consist of swing mechanics on the driving range and skill work on the putting and chipping greens. Rules of the game and golf etiquette will be taught on the last day, as the girls play nine holes with the coaches. Come on out and learn a sport that will last a lifetime. Note: Golf clubs will not be provided, but can be rented. Transportation to range or course is not provided. 3 Sessions. Fee: \$135

Code YS29U2016

1:30-3:00pm

M-W 6/13 - 6/15

Deerfield Golf Course

***Register for any Youth Sports Camp
by May 15 to get a free t-shirt!***



Golf Camp Coed (Ages 10+) Mark Linnenburger, Todd Spangler

This program is designed for the beginner to intermediate golfer. Basic instruction in the skills of the game and course etiquette will be emphasized. Participants will alternate between Bally Bunion Driving range on Tuesdays and Thursdays beginning at 9 am (for 1-1.5 hrs) and Vernon Hills Golf Course on Mon, Wed, and Fridays at 8:40 am (for approx 3 hrs). Each session will end with a Best Ball Tournament. Transportation to Bally Bunion and VHGC is not provided. **Note: The first day of class is held at Stevenson from 8:00 am - 9:30 am; meet in room 5044 with putter and 9 iron. Schedule will be available on that day.**

6/27 - 7/8 (no class 7/4)

Code YS19U2016

9 Sessions. Fee: \$349

8:40-11:30am*

9:00-10:30am

MWF

TTh

Vernon Hills Golf

Bally Bunion Golf Center

7/11 - 7/22

Code YS22U2016

10 Sessions. Fee: \$375

8:40-11:30am*

9:00-10:30am

MWF

TTh

Vernon Hills Golf

Bally Bunion Golf Center

*Times are approximate, please see your coach.

Receive a 10% discount when you sign up for 2 or more qualifying PREP classes or camps at the same time! (Cannot be combined with other offers)

Youth Summer Sports Camps



Girls Jr Patriot Lacrosse Camp (Grades 4-8) Sarah Walker

This camp brings the fastest growing game in America to the Junior Patriot level. The camp will allow the youngest laxers to learn the basics of the game from Stevenson coaches and varsity players. The goal of this camp is for young athletes to have fun, be competitive and learn the “fastest game on two feet”. Note: Players need to bring their own goggles, stick and mouthguard. 4 Sessions. Fee: \$79

Code YS92U2016
M-Th 7/11 - 7/14

1:15-3:15pm
Stadium

***Register for any Youth Sports Camp
by May 15 to get a free t-shirt!***

Boys Lacrosse Camp (Grades 5-8) John Vignocchi

This program is designed to introduce and further develop individual lacrosse skills and enhance understanding of team concepts. Emphasis will be on the Stevenson lacrosse system. The program includes drills, scrimmages and conditioning. Note: Players need to bring their own equipment. 8 Sessions. Fee: \$115

Code YS23U2016

10:30am-12:00pm

M-Th 7/11 - 7/21

Stadium



Boys Jr Patriot Football Camp (Grades 7-8) Bill McNamara

The first goal of this program is to improve individual skill development in the areas of speed, agility, flexibility and explosive power. The second goal is to develop a team concept while athletes participate in a 7 on 7 flag football league the second half of camp. The camp will be run by the SHS football staff in our field turf stadium. 8 Sessions. Fee: \$109

Code YS73U2016
Stadium

8:00-9:30am

Tu-Th 6/14 - 6/29

Youth Summer Sports Camps

Volleyball Camp (Grades 7-8) Tim Crow, Eric Goolish
Campers will learn all the basic skills necessary for competitive volleyball. Drills and scrimmages will be part of our daily activities. Note: Knee pads are recommended, but not required. Please bring your own labeled volleyball. 8 Sessions. Fee: \$149

Girls

Code YS28U2016 10:30am-12:30pm M-Th 7/18 - 7/28
Field House

Boys

Code YS27U2016 10:30am-12:30pm M-Th 7/18 - 7/28
Sports Center



PLEASE NOTE!

Summer registration applies to the student's **NEW** grade

Stevenson Wrestling Academy of Champions (Grades K-8)

Shane Cook

This camp provides a challenging and motivating experience for wrestlers at all levels. The "Academy" is run by the Stevenson High School coaching staff with guest appearances by some of the area's top technicians. Participants will develop various wrestling skills including takedowns, set-ups, riding ability, escapes and pinning combinations. Note: Please wear t-shirt, shorts and wrestling shoes. 8 Sessions. Fee: \$149



Code YS57U2016 3:30-5:30pm M-Th 6/13 - 6/23 Wrestling Room 2111

Check our Website at www.d125.org/prep for Updated or New Class Information
Questions? Call 847/415-4145



Like us on Facebook - Stevenson High School PREP



Follow us on Twitter - @SHSPrep

High School Summer Sports - Info

PREP is offering a wide variety of sports camps this summer that will be led by high school coaches. This is an excellent opportunity for current or future Patriots to meet and work with coaches, while receiving a high level of training. High school summer sports programs are scheduled so that they do not conflict with regular high school academic summer classes. Students enrolled in summer camps or leagues have use of the weight room at no additional cost (see page 62). All camps are located at Stevenson High School, unless otherwise indicated. Register for two or more camps at the same time, and receive a 10% discount!

How do I register for camps?

You may register online at www.d125.org/prep, send registrations by mail, fax to 847-634-7286 (credit card only) or drop off your forms to the PREP office.

Will I receive confirmation of enrollment?

Confirmations will be sent within 7 business days of receipt of your registration.

Age & Eligibility

Participants must be the appropriate age on the first day of camp or entering the appropriate grade in the Fall of 2016.

Do I need a physical form for summer camp?

No, you do not need a physical form to participate in summer camp.

What happens if I cancel a camp?

Participants may request a refund in writing (email prep@d125.org) for programs up to one week prior to the camp start date. A \$10 administrative fee is deducted from all refunds. If a student needs to withdraw from a camp after the camp has begun for medical reasons, a doctor's note must be received along with the written request.

Who Provides Transportation?

Transportation for all camps is the responsibility of the participant or parent. Students arriving in the morning to attend summer school may ride the summer school bus. No buses will be running at the end of camp.

Receive a 10% discount when you sign up for 2 or more qualifying PREP classes or camps at the same time! (Cannot be combined with other offers)

High School Summer Sports

Badminton–Coed Grant Johnson

Be a part of one of the world's fastest racket sports. Learn how to drop, smash and clear. Students will learn how to time their movement in order to better hit the birdie and greatly improve their games. Note: Please bring your racket on a daily basis. Practice rackets will be provided for athletes who do not have their own. 7 Sessions. Fee: \$69



Grade 9

Code HS02U2015 1:15-2:15pm M-Th 6/27 - 7/7 (no camp 7/4) Field House

Grade 10-12

Code HS01U2016 2:15-3:15pm M-Th 6/27 - 7/7 (no camp 7/4) Field House

PLEASE NOTE!

Summer registration applies to the student's **NEW** grade

Baseball Teaching Camp (Grade 9) Patrick Block

Baseball coaches will teach players the fundamentals of baseball in order to improve individual skills. This camp is designed to emphasize the skills needed to be successful in the following areas: fielding, throwing, hitting and base running. The camp will breakdown skills and reinforce technique through drills and scrimmages. 4 Sessions. Fee: \$79

Code HS03U2016 1:15-3:15pm M-Th 6/6 - 6/9 Varsity Baseball Field

Baseball Instructional Camp (Grades 10-12) Patrick Block

This camp will consist of all interested Stevenson baseball players, grades 10-12. The focus of this camp will be player development, which will include an emphasis on hitting, pitching, fielding, base running, learning how to be a team mate, the mental side of baseball, etc. Two days a week will be practices and two days a week will be intersquad games. Players will be divided into 6 different teams based on age and skill level. The teams are coached by the Stevenson High School baseball coaching staff. 20 Sessions. Fee: \$335

Code HS10U2016 1:15-3:15pm* M-Th 6/6 - 7/7 (no camp 7/4) Varsity Baseball Field

***Note: The first week of camp, June 6 - 9, meets from 3:15-5:15 pm.**

High School Summer Sports

Basketball Camp–Boys Pat Ambrose

This program is designed to assist boys in the development of individual basketball fundamentals and team concepts. The course emphasizes the Stevenson system of rebounding, shooting, offense and defense. Drills, scrimmages and conditioning are included. Emphasis will be placed on team concepts, such as man to man defense and fast break basketball. This camp will be more competitive than the youth camps. The skills taught are for individual offense and defense in team situations. Note: Bring your own labeled basketball.



Grade 9 16 Sessions. Fee: \$249

Code HS05U2016 3:15-5:15pm M-Th 6/6 - 6/30

Field House

Grade 10-12 16 Sessions. Fee: \$249

Code HS04U2016 1:15-3:15pm M-Th 6/6 - 6/30

Field House

Why Don't I See Any Sports Leagues Listed?

All leagues will now be posted online only once details are available.



Basketball Camp–Girls Ashley Graham

This camp is for players interested in improving their individual and team skills. The fundamentals of competitive basketball according to the Stevenson basketball tradition will be emphasized. Note: Bring your own labeled basketball daily. 12 Sessions.

Grade 9 Fee: \$185

Code HS07U2016 3:30-5:30pm
M-Th 6/6 - 6/23 Sports Center

Grade 10-12 Fee: \$185

Code HS06U2016 3:30-5:30pm
M-Th 6/6 - 6/23 Sports Center

High School Summer Sports

NEW

Track Sprint Camp Girls (Grade 9–12) Emma Degen

This camp will give an opportunity for high school sprinters and hurdlers to receive in-depth instruction from the high school coaching staff. A wide variety of tips and advice on all sprinting and hurdling aspects will be provided. We will aim to provide athletes with a solid foundation of proper technique and training methods so they can build a future in track & field. 8 Sessions. Fee: \$75

Code HS60U2016

6:30-7:30pm

M-Th 7/11 - 7/21

Stadium



NEW

Jumps and Throws Camp Girls (Grade 9–12) Emma Degen

The primary goal of this camp is to assist each athlete in learning how to develop her athletic potential as it pertains to high jump, long jump, triple jump, shot put and discus. Note: Coaching will be provided by the high school track and field coaches.

8 Sessions. Fee: \$75

Code HS59U2016

5:30-6:30pm

M-Th 7/11 - 7/21

Stadium

High School Summer Sports

Cross Country Summer Lifting & Speed Endurance Camp Coed (Grade 9–12)

Maureen Levanti

This program is designed for both the beginner and experienced long distance runner. Emphasis will be placed on speed endurance, technique and weight training. 9 Sessions. Fee: \$79

Code HS09U2016 5:30-6:30pm Mon, Wed 6/9 - 7/13 (no camp 6/13, 6/15, 7/4)
Stadium

Register early to help your camp run!



June Golf Camp Girls Camp (Grade 9–12) Emma Degen

This camp helps prepare and tune up your golf game for the 2016 season. It's an opportunity to enhance the skills you already possess and establish yourself as a better golfer. This camp is meant to improve the skills of players interested in trying out for the 2016 golf team. Note: Will play at Vernon Hills Golf Course on June 10th. Transportation to range or courses is not provided. 3 Sessions. Fee: \$159

Code HS18U2016 10:00am-12:30pm Fri 6/10 - 6/24 Deerpath Golf Course



July Golf Camp Girls Camp (Grade 9–12) Emma Degen

This camp helps prepare and tune up your golf game for the 2016 season. It's an opportunity to enhance the skills you already possess and establish yourself as a better golfer. Range days will consist of instruction from coaches both on the range and at the chipping and putting greens. On course days, there will be opportunities to fine tune skills that have been taught on range days. Note: This camp is meant to improve the skills of players interested in trying out for the 2016 golf team. Note: Will play at Deerfield Golf course on July 6th. Schedule for rest of camp will be given on first day. Transportation to range or courses is not provided. 7 Sessions. Fee: \$349

Code HS19U2016 1:15-3:45pm Tue, Wed 7/6 - 7/27 TBA

Check our Website at www.d125.org/prep for Updated or New Class Information

Questions? Call 847/415-4145



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High School Summer Sports



Soccer Camp Coed (Grade 9) Shannon Mauro

Players will work on the skills both defensive and offensive to achieve success in high school soccer. Particular focus will be spent on movement on and off the ball, ball skills and communication. Note: Shin guards and cleats are required. Please bring a light and dark tee shirt and a labeled soccer ball. 8 Sessions. Fee: \$139

Code HS17U2016
Practice Field 12

1:15-3:15pm

M-Th 6/6 - 6/16

Football Camp (Grade 9) Bill McNamara

This is an introduction to offense and defense the Stevenson Way! You are required to purchase a mesh practice jersey. The jersey order form is available in online at www.d125.org/prep. 12 Sessions. Fee: \$199

Code HS13U2016

1:15-3:15pm

M-Th 6/6 - 6/23

Stadium

Why Don't I See Any Sports Leagues Listed?

All leagues will now be posted online only once details are available.

Football Camp (Grade 10-12) Bill McNamara

This is an introduction to offense and defense the Stevenson Way! You are required to purchase a mesh practice jersey. The jersey order form is available in online at www.d125.org/prep.



Grade 10 19 Sessions. Fee: \$275

Code HS21U2016

3:15-5:15pm

M, Tu, Th 6/6 - 6/30

Stadium

6:00-7:15am

Wed, Fri 6/8 - 6/29

Grade 11-12 20 Sessions. Fee: \$279

Code HS12U2016

3:15-5:15pm

M, Tu, Th 6/6 - 6/30

Stadium

6:00-7:15am

Wed, Fri 6/8 - 7/1

High School Summer Sports

Fencing Camp Coed (Grade 9-12) Fernando Delgado

Beginning students of fencing will be taught the basics of the sport, weapon use and conditioning exercises. Veteran fencers will work on conditioning exercises and improvement of their competitive skills. A competitive tournament will be held at both levels of competition. Note: Equipment is provided. 8 Sessions. Fee: \$189

Code HS49U2016

4:15-7:15pm

M-Th 7/18 - 7/28

Wood Commons

PLEASE NOTE!

Summer registration applies to the student's **NEW** grade



Field Hockey Camp- Girls (Grades 9-10)

Laura Husko

Enjoy the game of field hockey while preparing for fall try-outs. This camp is designed for both beginning players to learn the basics and intermediate players to learn more advanced techniques while mastering their basics. This camp will be run by an amazing and motivating Big 10 collegiate field hockey player and the current Stevenson coaches. This Beginning/Intermediate camp is an important stepping stone to making your desired team this fall, plus it will be packed with tons of fun and games. 6 Sessions. Fee: \$99

Code HS11U2016

1:15-3:15pm

M-W 7/18 - 7/27

Stadium

Check our Website at www.d125.org/prep for Updated or New Class Information
Questions? Call 847/415-4145



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High School Summer Sports

Register early to help your camp run!



Lacrosse Camp—Girls (Grades 9-10) Sarah Walker

This camp is designed for beginning and intermediate lacrosse players. The camp will focus on review and learning of fundamental skills like passing, catching, shooting, defensive footwork and gameplay. Athletes will have opportunities to work with the coaches to develop and/or refine these skills throughout the week through drills, partner work and scrimmage. Note: Players need to bring their own goggles, stick and mouthguard. 4 Sessions. Fee: \$79

Code HS66U2016
Stadium

1:15-3:15pm

M-Th 7/11 - 7/14

Why Don't I See Any Sports Leagues Listed?

All leagues will now be posted online only once details are available.

Lacrosse Camp—Boys (Grades 9-12) John Vignocchi

This program is designed to introduce and further develop individual lacrosse skills and enhance understanding of team concepts. Emphasis will be on the Stevenson lacrosse system. Individual skills to be addressed include shooting, dodging, ball-handling and man-to-man defense. Offensive and defensive team concepts that will be emphasized include team offense, team defense, EMO, EMD and fast break situations. The program includes drills, scrimmages and conditioning. Note: Players need to bring their own equipment. 8 Sessions. Fee: \$139



Code HS20U2016

3:15-5:15pm

M-Th 7/11 - 7/21

Stadium

High School Summer Sports



Softball Fundamentals–Girls (Grade 9)

Alexandra Vikartofsky

This camp is designed to develop, enhance and refine the softball skills taught in the Softball Basics Camp. This camp serves as an introduction to the Stevenson Softball Program's philosophy, strategies and expectations. Players are taught proper throwing, catching, base-running/sliding and hitting mechanics while learning Stevenson's defensive plays, bunt/slapping coverages, outfield positioning and base coverages.

Note: Please bring cleats, glove, gym shoes, bat, helmet and LOTS of water. 8 Sessions. Fee: \$139

Code HS50U2016

1:15-3:15pm

M-Th 6/20 - 6/23

Varsity Softball Field

Softball Offensive Camp–Girls (Grades 10–12) Alexandra Vikartofsky

This camp is designed to develop, enhance and refine the offensive softball skills taught in the Stevenson Softball Program. In addition to learning valuable hitting and base-running drills, players' swings are recorded and broken down using slow-motion video footage. Coaches and players then analyze their swings together and determine what drills would be best suited for each individual athlete to improve swing speed, head position, contact points, extension, power, etc. Note: Please bring cleats, glove, gym shoes, bat, helmet and LOTS of water.

4 Sessions. Fee: \$79

Code HS52U2016

1:15-3:15pm

M-Th 7/11- 7/14

Varsity Softball Field

PLEASE NOTE!

Summer registration applies to the student's NEW grade

Softball Defensive Camp–Girls (Grades 10–12) Alexandra Vikartofsky

This camp is designed to develop, enhance and refine the defensive softball skills taught in the Stevenson Softball Program. In addition to learning valuable defensive drills and daily ball routines, players are instructed with proper throwing, catching, base-running/sliding and hitting mechanics while advancing their understanding of Stevenson's defensive plays, bunt/slapping coverages, outfield positioning, positioning and base coverages. Note: Please bring cleats, glove, gym shoes, bat, helmet and LOTS of water. 4 Sessions. Fee: \$79

Code HS54U2016

1:15-3:15pm

M-Th 7/18 - 7/21

Varsity Softball Field

High School Summer Sports

Volleyball Camp Tim Crow, Eric Goolish

Serve it up! Come join us and play volleyball the Stevenson way. Daily scrimmages and competitive drills will highlight each days' activities. We'll teach you the skills you need to succeed. Note: Bring your own labeled volleyball. 8 Sessions. Fee: \$139

Girls—Grade 9

Code HS37U2016	1:15-3:15pm	M-Th 7/18 - 7/28	Field House
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Girls—Grade 10-12

Code HS36U2016	3:15-5:15pm	M-Th 7/18 - 7/28	Field House
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Boys—Grade 9

Code HS42U2016	1:15-3:15pm	M-Th 7/18 - 7/28	Sports Center
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Boys—Grade 10-12

Code HS35U2016	3:15-5:15pm	M-Th 7/18 - 7/28	Sports Center
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Receive a 10% discount when you sign up for 2 or more qualifying PREP classes or camps at the same time! (Cannot be combined with other offers)

High School Summer Sports

Wrestling Academy of Champions Shane Cook

This camp provides a challenging and motivating experience for wrestlers at all levels. The “Academy” is run by the Stevenson High School coaching staff with guest appearances by some of the area’s top technicians. Participants will develop various wrestling skills including takedowns, set-ups, riding ability, escapes and pinning combinations. Note: Wear t-shirt, shorts and wrestling shoes. 8 Sessions. Fee: \$139

Grade 9

Code HS58U2016	3:30-5:30pm	M-Th 6/13 - 6/23	Wrestling Room 2111
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Grade 10-12

Code HS57U2016	5:30-7:30pm	M-Th 6/13 - 6/23	Wrestling Room 2111
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Register early to help your camp run!

Summer Weight Room

This is the opportunity to stay in shape during the summer. Participate in the morning or afternoon. Specific sport “workouts” will be available. Use the weight room during your off season. If you are already enrolled in a qualifying sports camp, you have the use of the weight room for FREE. Note: Workouts may include strength and conditioning activities outside of the weight room, including in outdoor facilities. **Open to Stevenson High School students only.** Fee: \$79*



Code HS38U2016	7:00am-3:00pm 7:00am-1:00pm	M-Th 6/6 - 7/28 (Closed 7/4) Fri 6/10 - 7/29	Weight Room
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***Students enrolled in the following camps and leagues have use of the weight room at no additional cost:**

Badminton	Golf
Baseball	Lacrosse
Basketball	Soccer
Fencing	Softball
Field Hockey	Volleyball
Football	Wrestling

Patriot SwimAmerica

SwimAmerica is the learn-to-swim program of the American Swimming Coaches Association. It teaches beginners how to swim, as well as more experienced swimmers proper technique in the four competitive strokes: the freestyle, butterfly, breast stroke and backstroke.

SwimAmerica is quality swimming lessons using a progression of skills taught in 10 stations. It is simple, easy to follow and every student progresses at his/her own rate, independent from other students' development. Safety is the main reason for learning to swim. The *SwimAmerica* program is nationally certified and each swimmer will receive an individual certificate documenting their progression. The *SwimAmerica* learn-to-swim program will give your child a safe start in life!

The coaches are gentle, responsible and they understand children. They are certified by the American Swimming Coaches Association. The group sizes are very small, not more than 3 children per teacher for preschoolers and not more than 5 children per teacher in the school age program through Station 8. Stations 9 and 10 are taught as pre-team practices, with no set student to teacher ratio.

For a complete [schedule](#) of programs or to [register](#) for *SwimAmerica* visit:
www.patriotswimamerica.org

Questions? Contact the *SwimAmerica* Coordinator at 847-415-4064 or email patriotswimamerica@gmail.com

Patriot Aquatic Club

Patriot Aquatic Club offers competitive opportunities, techniques, skill development and fun in Swimming, Diving and Water Polo.

For practice times, calendars, registration dates/deadlines and to register for these programs go to: www.patriotaquaticclub.org

Questions? Contact the Patriot Aquatic Club Director at 847-415-4261 or email patriotaquaticclub@d125.org

PREP combo discount does not apply to SwimAmerica lessons or Patriot Aquatic Club. Fees for Patriot SwimAmerica and Patriot Aquatic Clubs can be found on their websites.

Registration

3 Convenient Ways to Register

1. ONLINE

Register online at **www.d125.org/prep**. Registrations can be processed 24/7 using your credit card. Visa or Mastercard are accepted.

2. MAIL

Registration form and check made payable to **SHS-PREP** can be mailed to:

PREP
Stevenson High School
One Stevenson Drive
Lincolnshire, IL 60069

3. WALK IN

Registration forms can be dropped off in the PREP Office, room 3040 (Lot B). Must pay by check or exact cash. Credit card payments are no longer accepted with walk-in registrations.

Combination Discount

Pricing:

Sign up for 2 or more qualifying PREP classes or camps at the same time and receive a 10% discount!
(Does not apply to Senior Fee)

Registration Confirmation:

A confirmation will be sent within 7 business days of receipt of your registration.

Contact

PREP:

Office Hours: Mon - Fri: 7:00 AM - 4:00 PM

(Summer: Mon - Thu: 7:00 AM - 3:30 PM, Fri until 1:00 PM)

Phone: 847-415-4145

Fax: 847-634-7286

Website: www.d125.org/prep

Email: prep@d125.org

PREP REGISTRATION FORM/WAIVER

Patriot Recreation Education Program • One Stevenson Drive, Lincolnshire, IL 60069
847-415-4145 • Fax: 847-634-7286 • www.d125.org/prep • Email: prep@d125.org

Participant's Last Name _____

Address _____ City / State / ZIP _____

Home Phone (____) _____ Work Phone (____) _____

Confirmation Email Address _____

Participant's First Name	Birth Date	Gender	Program	Code	Fee
Remember to sign the waiver on the bottom of this page				TOTAL	

Special Needs—List Name and Special Concerns: _____

Payment Information: We accept Cash or Check when registering with this form (Visa/Mastercard accepted via online registration only). Please do not mail cash. If paying in person, please pay with check or bring the exact cash amount needed. Circle payment type and complete information below.

Cash

Check (# _____)

Amount of Payment _____

Acknowledgement, Waiver & Insurance Information

We/I the participant or parent(s)/guardian(s) of a participant in PREP program(s) at Stevenson High School, recognize(s) and acknowledge(s) that there are risks of physical injury including serious personal injury, paralysis, death, damages, medical care expenses, or loss which may be sustained as a result of participating in any or all such activities connected with or associated with these program(s). Our/my son/daughter is permitted to participate in all such activities.

We/I understand that the School District does not provide health/accident insurance for participants in such programs. We/I the participant(s) or parent(s)/guardian(s) understand that we/I become responsible for the payment of medical expenses for the care and treatment, including continuing care and treatment, of ourselves/myself or our/my son/daughter as a result of a personal injury or other loss of any type incurred during participation in the PREP program of this School District. We/I hereby waive all claims against Stevenson High School District 125, and any corporate entities, their employees and agents which are offering PREP classes, including but not limited to medical expenses, personal expenses or other loss or damage, we/I may have/or incur as a result of our/my participation or my son/daughter's participation in any program at Stevenson High School District 125 and release and discharge said School District including its board members, administrators, officers, agents, servants and employees, and any corporate entities, their employees, and agents which are offering PREP classes of and from any such expenses. I have read and fully understand and accept the program details, policies, procedures, waiver and release of all claims.

Publicity Consent

PREP reserves the right to photograph/video its programs for documentation and publicity purposes. I consent that the student(s) being registered may be included in images/video for these purposes.

Withdrawal Policy

Written request must be submitted 1 week prior to course to receive full refund less \$10 processing fee.

Signature of Parent/Guardian/Participant 21+: _____
(Waiver must be signed to process registration form)

Frequently Asked Questions

How do I register for classes? You may register online at www.d125.org/prep, send registrations by mail (check only) or drop off your forms in the PREP office, room 3040 (exact cash or check only). For *SwimAmerica*, registration is done online at www.patriotswimamerica.org. For Patriot Aquatic Club programs visit www.patriotaquaticclub.org.

Age & Eligibility Participants must be the appropriate age on the first day of class. Adult classes are for participants 16 years or older unless otherwise specified.

Can I withdraw from a class or transfer to another? Participants may request a refund in writing for programs at least one week prior to the class start date. Email your request to prep@d125.org. A \$10 administrative fee is deducted from all refunds. When class size permits, participants may request a transfer from one program to another in writing, at least one week prior to the class start date. For all *SwimAmerica* communications, please use patriotswimamerica@gmail.com.

Does PREP Prorate or can I make-up classes missed? No, PREP does not prorate for any of its camps, classes or programs. In order to preserve the safety of the participant-to-staff ratio and the quality of the classes, PREP does not provide for or allow make-up classes.

How do I get the Combo pricing? The Combination Discount Pricing provides a 10% discount when you sign up for 2 or more qualifying PREP classes or camps at the same time. This applies to one person taking multiple classes or two (or more) different people in the same family taking one class each, as long as it is done during the same registration. *Retroactive adjustments are not made*. Certain classes, camps and leagues do not apply. The Combination Discount Pricing does not apply to the Senior Fees (see below for more information).

How do I get the Senior Fee? Participants age 60 or older are eligible to receive the Senior Fee on select classes. Discounts will be automatically applied at checkout. Seniors may register for *selected* PREP classes at a reduced fee, provided the minimum enrollment for the class is met (selected classes have senior pricing listed in their description). Textbook, food supply fees, etc. are additional. No other discounts apply.

What happens when a class is full? When a class reaches its maximum enrollment a waiting list is established. If an opening occurs, or a new class is formed, you will be notified.

Where are the class locations?

Stevenson High School, 1 Stevenson Drive, Lincolnshire, IL 60069
Vernon Hills High School, 145 N. Lakeview Parkway, Vernon Hills, IL 60061
Libertyville High School, 708 W. Park Avenue, Libertyville, IL 60048

Americans With Disabilities Act PREP will not discriminate against eligible residents for participation on the basis of a disabling condition. We invite any community member with a special need to contact our staff upon registration so that a smooth inclusion may occur.



Stevenson Center for the Performing Arts Professional Performance Series

StevensonFoundation.org

One Stevenson Drive, Lincolnshire



NEW SHANGHAI CIRCUS



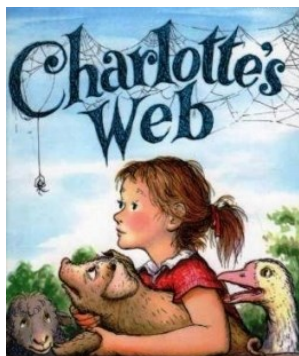
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SATURDAY, JANUARY 9
3 pm

SHS Performing Arts Center

\$20 Adults
\$15 Students

**CHILDREN'S THEATER
PRESENTS**



SUNDAY, MARCH 20
1 pm and 3 pm
SHS Little Theater

All Seats \$5

ELTON JOHN TRIBUTE



Rocket Man
Rus Anderson

SATURDAY, APRIL 16
7:30 pm
SHS Performing Arts Center

All Seats \$20

To find out more about our upcoming season, to order tickets and register, call 847-415-4121 or go to www.StevensonFoundation.org

Patriot Recreation Education Program
Adlai E. Stevenson High School
One Stevenson Drive
Lincolnshire, IL 60069-2015

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